



The dark side of the guidelines

1st Interventional Radiologist under 40 Meeting

Emergencies in Interventional Radiology

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Società Medica Chirurgica - Palazzo dell'Archiginnasio



Trattamento delle emorragie renali

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Background

Renal artery embolization (RAE) refers to the occlusion of the renal artery, or some of its branches, by injection of an embolic agent through an endovascular catheter.

- ☐ Temporary occlusion
- ☐ Permanent occlusion
- PROXIMAL EMBOLIZATION: embolic agents occlude large vessels
- DISTAL EMBOLIZATION: embolic agents induce an occlusion at the arteriolar or capillary level

Background

Since its development in the 1970s, RAE has become a useful minimally invasive therapeutic option for various clinical situations.

RAE may be used as an adjunct or as an alternative to surgery, and has the potential to improve patient management and reduce hospital stay.

The increase in the use of RAE as a therapeutic strategy reflects continuous improvements in endovascular techniques and embolization materials and the increasing experience of interventional radiologists

Specific Scenarios

- Non Traumatic
 - Tumors
 - Chronic Diseases
 - AVM
- Traumatic
 - Blunt/Penetrating Trauma
 - Iatrogenic Lesions

TRATTAMENTO DELLE EMORRAGIE RENALI

Specific Scenarios

Catheter Renal Artery Embolization: Clinical Applications and Techniques

Ginat, MD, MS,* Wael E.A. Saad, MBBCh,[†] and Ulku C. Turba, MD[†]

Pathology			Endpoints		
Major Category	Subclassification	Indication	Clinical Endpoint	Technical Endpoint	Embollic Material
Tumor	RCC	<ul style="list-style-type: none"> ■ Palliation (pain) ■ Control hematuria ■ Pre-nephrectomy ■ Pre-RFA 	<ul style="list-style-type: none"> ■ Reduce intraoperative bleeding ■ Devascularize tumor 	End artery (arteriolar) embolization Or Devascularizing the arterial bed (tumor)	ETOH PVA MCoils GFoam NBCA
	AML	<ul style="list-style-type: none"> ■ Control retroperitoneal bleeding ■ Reduce risk of rupture/bleeding 	Reduce risk of rupture/bleeding		ETOH PVA
	AVM	<ul style="list-style-type: none"> ■ Hematuria ■ Hypertension ■ Renal dysfunction 			ETOH NBCA
	Degenerative	<ul style="list-style-type: none"> ■ Reduce risk of bleeding 			ETOH PVA MCoils GFoam NBCA
Global Parenchymal disease	Hydronephrosis	<ul style="list-style-type: none"> ■ Hydronephrosis ■ Hematuria ■ Hypertension 			ETOH PVA MCoils GFoam NBCA
Trauma	Hematuria Hypertension				
	Bleeding/truncation	<ul style="list-style-type: none"> ■ Retroperitoneal bleeding ■ Hematuria 		Obliteration of branch arterial flow	MCoils GFoam
	AVF	<ul style="list-style-type: none"> ■ Hematuria ■ Hypertension ■ Renal dysfunction (transplant) 			MCoils
	PsA	<ul style="list-style-type: none"> ■ Retroperitoneal bleeding ■ Hematuria ■ Reduce risk of bleeding 			MCoils Stents

asc Interventional Rad 2009, 12:224-239

Specific Scenarios

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Renal cancers

The vast majority of renal tumours are treated by surgery alone, using either radical nephrectomy or nephron-sparing surgery. In the last decade, minimally invasive alternatives, such as radiofrequency ablation (RFA) or cryosurgery have been proposed to treat small tumours.



Embolization is seldom used but may function in two situations: to facilitate subsequent surgery in large tumours, or to relieve symptoms in patients under palliative care.

Pathology			Endpoints		
Major Category	Subclassification	Indication	Clinical Endpoint	Technical Endpoint	Embolitic Material
Tumor	RCC	<ul style="list-style-type: none"> ■ Palliation (pain) ■ Control hematuria ■ Prenephrectomy ■ Pre-RFA 	<ul style="list-style-type: none"> ■ Reduce intraoperative bleeding ■ Devascularize tumor 	End artery (arteriolar) embolization Or Devascularizing the arterial bed (tumor)	ETOH PVA MCoils GFoam NBCA

Ginat et al. Tech Vasc Interventional Rad 2009, 12:2

Renal cancers: Adjuvant treatment Preoperative Embolization

Preoperative RAE of locally advanced tumours has been proposed to facilitate subsequent nephrectomy.

Although there is no clear evidence that preoperative RAE reduces blood loss during nephrectomy, it allows the ligation of the renal vein before the artery.

This approach is particularly useful for patients with hilar tumours or large adenopathies.

A longer delay between RAE and surgery might improve the reduction in the size of the tumour thrombus, but imposes a longer PES and increases the risk of development of collateral vessels.

The recommended delay between RAE and surgery is 24–72 hours.

Various embolic agents have been used for preoperative RAE of locally advanced tumours, but microparticles and coils are particularly well-suited for this indication⁹ (Figure 5). Proximal vascular plugs are also a common treatment choice, but attention must be paid to ensure a residual stump of the proximal artery remains to allow for surgical clamping.

Sauk & Zuckerman, *Semin. Intervent. Radiol.* 28, 396–406 (2009).

Subramanian, V. S. *et al. Urology* 74, 154–159 (2009).

Kalman & Varenhorst, E. *Scand. J. Urol. Nephrol* 33, 162–170 (2000).

Renal cancers: Adjuvant treatment Preoperative Embolization

Specific Scenarios

Comparison of preoperative embolization followed by radical nephrectomy with radical nephrectomy alone for renal cell carcinoma.

Am J Clin Oncol. 2000 Feb;23(1)

Zielinski H¹, Szmigielski S, Petrovich Z.

Abstract

A series of 474 patients with renal cell carcinoma (RCC), who had radical nephrectomy during a period of 15 years, was studied to assess the prognostic significance of various pathologic parameters (tumor stage [pT], lymph node status, metastasis, tumor grade, venous involvement) and value of preoperative embolization of renal artery. There were: 20 (4%) pT1, 204 (43%) pT2, 245 (52%) pT3, and 5 (1%) pT4 patients. All 474 patients underwent nephrectomy including a group of 118 (25%) patients (24 pT2, 90 pT3, and 4 pT4) who underwent preoperative embolization of the renal artery. To compare treatment outcomes in embolized patients with RCC, a group of 116 (24%) nonembolized patients with RCC was selected. This group was matched for sex, age, stage, tumor size, and tumor grade, with the embolized patients ($p < 0.01$). All important prognostic factors were studied as to their influence on survival by the treatment group. The overall 5- and 10-year survival was 62% and 47%, respectively. The 5- and 10-year survival rates were significantly better ($p < 0.01$) for patients with pT2 than for those with pT3 tumors (79% vs. 50% and 59% vs. 35%, respectively). Involvement of regional lymph nodes (N+) was an important prognostic factor for survival in patients with pT3 tumors. The 5-year survival for pT3 N+ was 39%, compared with 66% in those with pT3N0 ($p < 0.01$). Preoperative embolization was also an important factor influencing survival. The overall 5- and 10-year survival for 118 patients embolized before nephrectomy was 62% and 47%, respectively, and it was 35% and 23%, respectively, for the matched group of 116 patients treated with surgery alone ($p = 0.01$). The most important finding of this study was an apparent importance of preoperative embolization in improving patients' survival. This finding needs to be interpreted with caution and confirmed in a prospective randomized trial.

a significant increase in 5-year survival among patients who underwent pre-nephrectomy RAE,
but no prospective data have been published to confirm this finding

Renal cancers: Adjuvant treatment Preoperative Embolization

Preoperative RAE of small tumours before surgery or RFA has also been proposed to allow for laparoscopic partial nephrectomy, to reduce local blood flow, and to increase the ablated volume.

However, the vast majority of patients treated by RFA or cryotherapy do not undergo preoperative RAE.

Simone et al. *J. Endourol.* 25, 1443–1446 (2011).

D'Urso et al. *Eur. J. Surg. Oncol.* 2014.08.484.

Arima et al *Int. J. Urol.* 14, 585–590; discussion 590 (2007)

Aschoff, A. J. et al. *AJR Am. J. Roentgenol.* 177, 151–158 (2001)

Woodrum et al *J. Vasc. Interv. Radiol.* 21, 930–936 (2010).

Renal cancers: Palliative treatment

- ✓ RAE can be used in non-operable cases to alleviate severe local pain or recurrent haematuria.
- ✓ Paraneoplastic hypocalcaemia might also regress following RAE.
- ✓ The advantages and drawbacks to palliative RAE must therefore be considered with caution.

Ljungberg, B. *et al.* EAU guidelines on renal cell carcinoma: the 2010 update. *Eur. Urol.* 58, 398–406

Renal cancers: Complications

Post Embolization Syndrome (PES) occurs following RAE of the whole kidney, in the majority of patients, regardless of the embolization technique.

The severity of PES depends on the volume of necrosis, and must be treated with corticosteroids and analgesics that can be initiated 24 h before the procedure.

PES can have dramatic consequences in these fragile patients, and can cause tubular necrosis, renal abscesses, and even death.

Neo-adjuvant anti-angiogenic treatments also decrease the size of locally advanced renal tumours to allow their surgical resection; therefore, the use of RAE must always be balanced with that of neoangiogenic drugs.

Ljungberg, B. *et al.* EAU guidelines on renal cell carcinoma: the 2010 update. *Eur. Urol.* 58, 398–406

Renal angiomyolipomas

Angiomyolipomas are either sporadic or associated with tuberous sclerosis complex (TSC) or pulmonary lymphangioleiomyomatosis (LAM).

Arterial vessels within angiomyolipomas are thought to possess poor elastic layers with predisposition to the formation of aneurysm and spontaneous haemorrhage.

Consequently, angiomyolipomas account for 17–20% of all patients who present with spontaneous perinephric haemorrhage.

In the setting of acute bleeding, conservative surgery is difficult and can lead to haemostasis nephrectomy.

Therefore, consensus exists to recommend RAE as a first-line treatment in cases of acute bleeding.

A low failure rate and requirement for a subsequent nephrectomy (<7%) has been reported when RAE is used as first-line treatment.

Halpenny, et al. *Clin. Radiol.* 65, 99–108

Steiner et al. *J. Urol.* 150, 1782–1786

Renal angiomyolipomas

clear consensus exists as to how asymptomatic angiomyolipomas should be treated, and whether preventative treatment should be employed.

The risk of bleeding increases with tumour size and in angiomyolipomas associated with TSC or LAM.

There is general consensus that angiomyolipomas >80 mm require preventive treatment.

A threshold of 35 mm was been proposed for initiating preventive treatment in Patient with TSC or LAM

Villalta, J et al. *J. Urol.* 186, 921–927 (2001)

Nelson, C. P. & Sanda, M. G. *J. Urol.* 168, 1315–1319 (2002)

Renal angiomyolipomas

Review of the Tuberous Sclerosis Renal Guidelines from the 2012 Consensus Conference: Current Data and Future Study

J. Chris Kings

Recently diagnosed or suspected TSC

Diagnosed with definite or possible TSC

Surveillance of kidneys

Obtain MRI of the abdomen to assess for the presence of angiomyolipoma and renal cysts
Screen for hypertension by obtaining accurate blood pressure
Evaluate renal function by determining GFR

Obtain MRI of the abdomen to assess angiomyolipoma progression and renal cystic disease (every 1–3 years for life)
Assess renal function (GFR and blood pressure) at least annually

Clinical presentation

Recommendation

Management recommendations for renal angiomyolipoma

Angiomyolipoma with acute hemorrhage

Embolization (followed by corticosteroids for 7 days to mitigate post-embolization syndrome) [3]. Embolization should be as selective as technically feasible to preserve renal parenchyma
Avoid nephrectomy

Asymptomatic, growing angiomyolipoma >3 cm in diameter

First-line: mTOR inhibitor
Second-line: selective embolization or kidney-sparing resection

Renal angiomyolipomas

RAE should predominantly target areas of microaneurysms.

A proximal (upstream of microaneurysms) and distal (tumour bed) embolization, using microparticles and coils, is advised for the treatment of microaneurysms

RAE causes shrinkage of treated AMLs (to 20–70% of the initial volume).

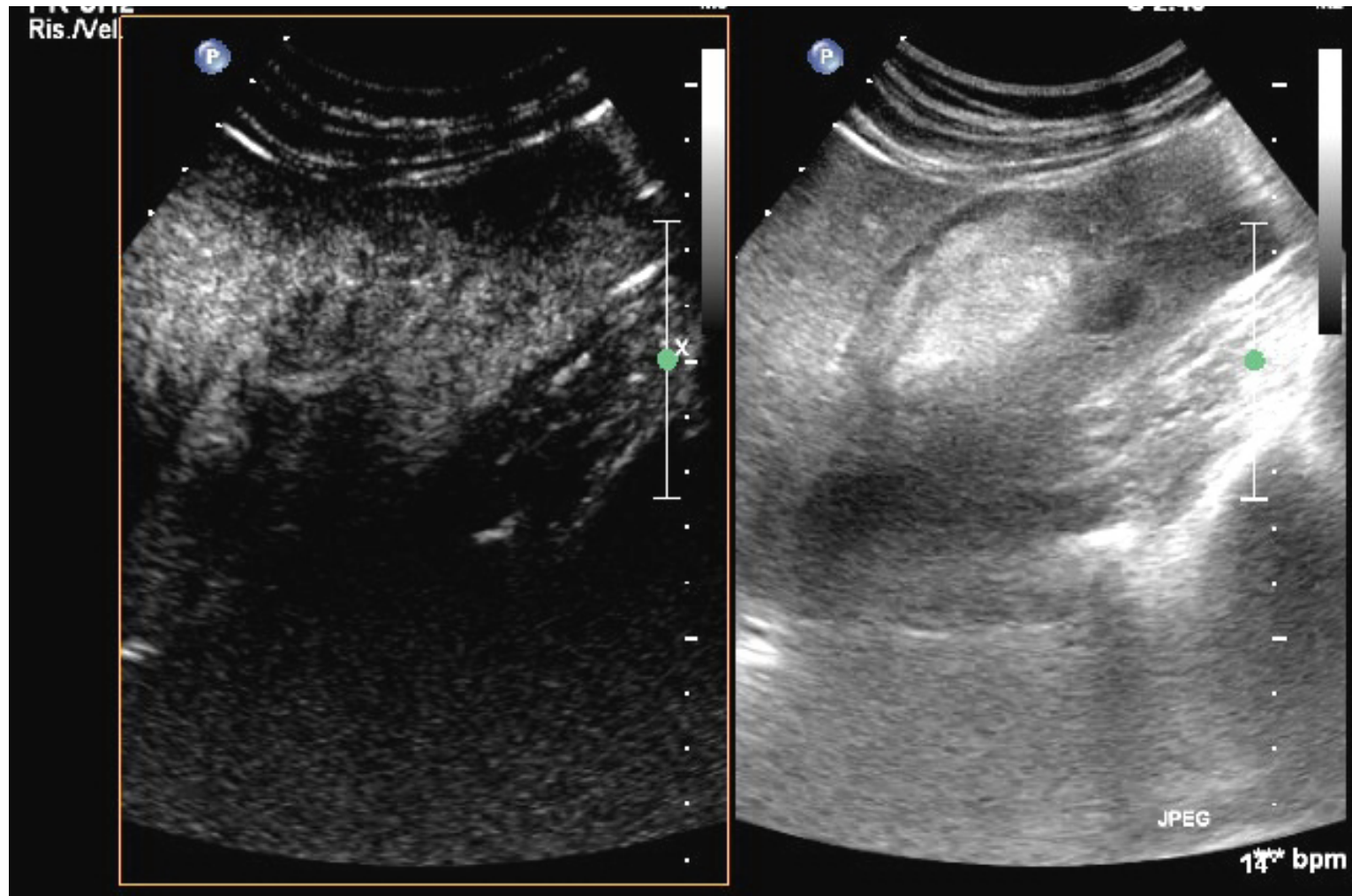
The importance of this shrinkage depends on the relative proportion of vascular and fatty components.

Major complications are rare (4.8% of 311 aggregated cases from 13 series) and include complications owing to endovascular manoeuvres (such as dissections and thrombosis), unintended renal infarction and abscesses of the necrotic AMLs.

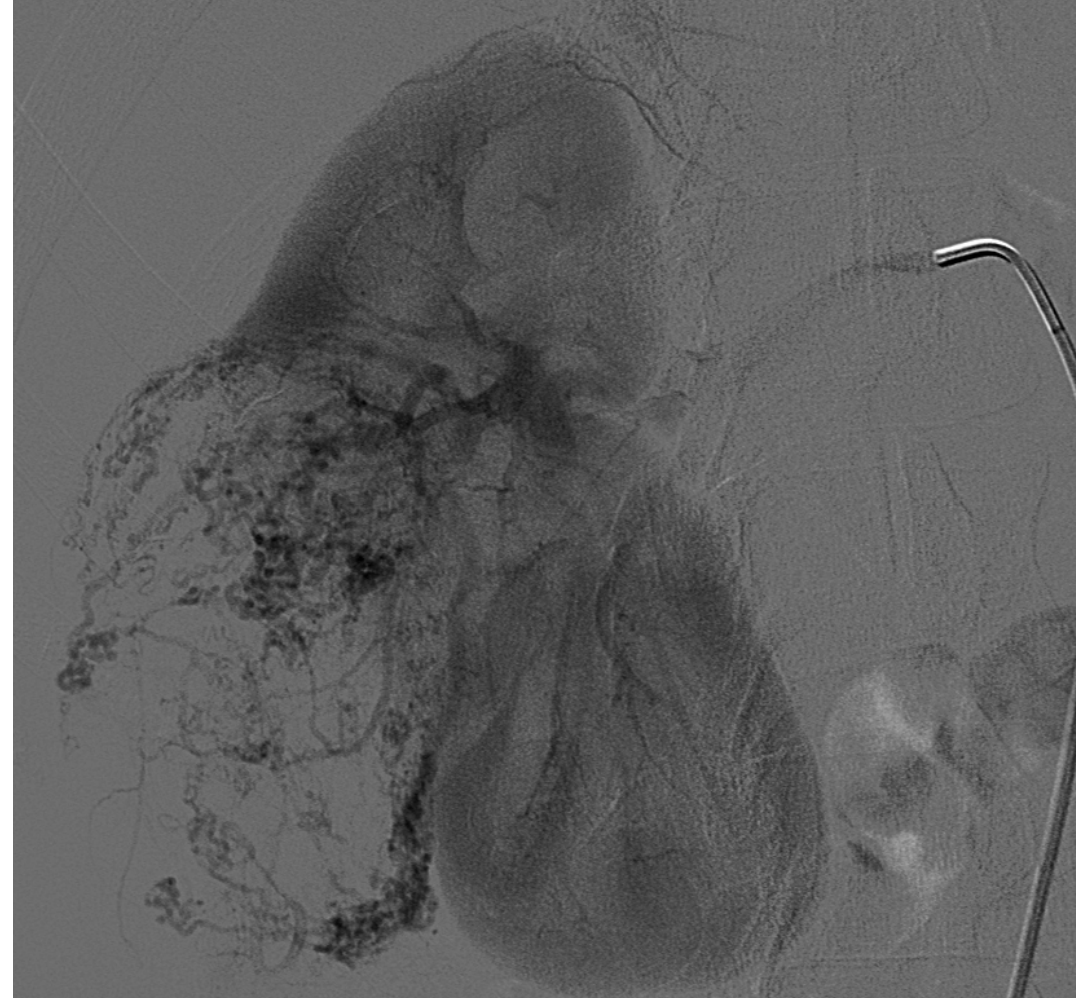
Bleeding can occur following embolization (0–5.3% of all embolized AMLs), but it is usually successfully treated by a second embolization.

Some AMLs may also re-grow following embolization, leading to the need for a repeat preventive procedure.

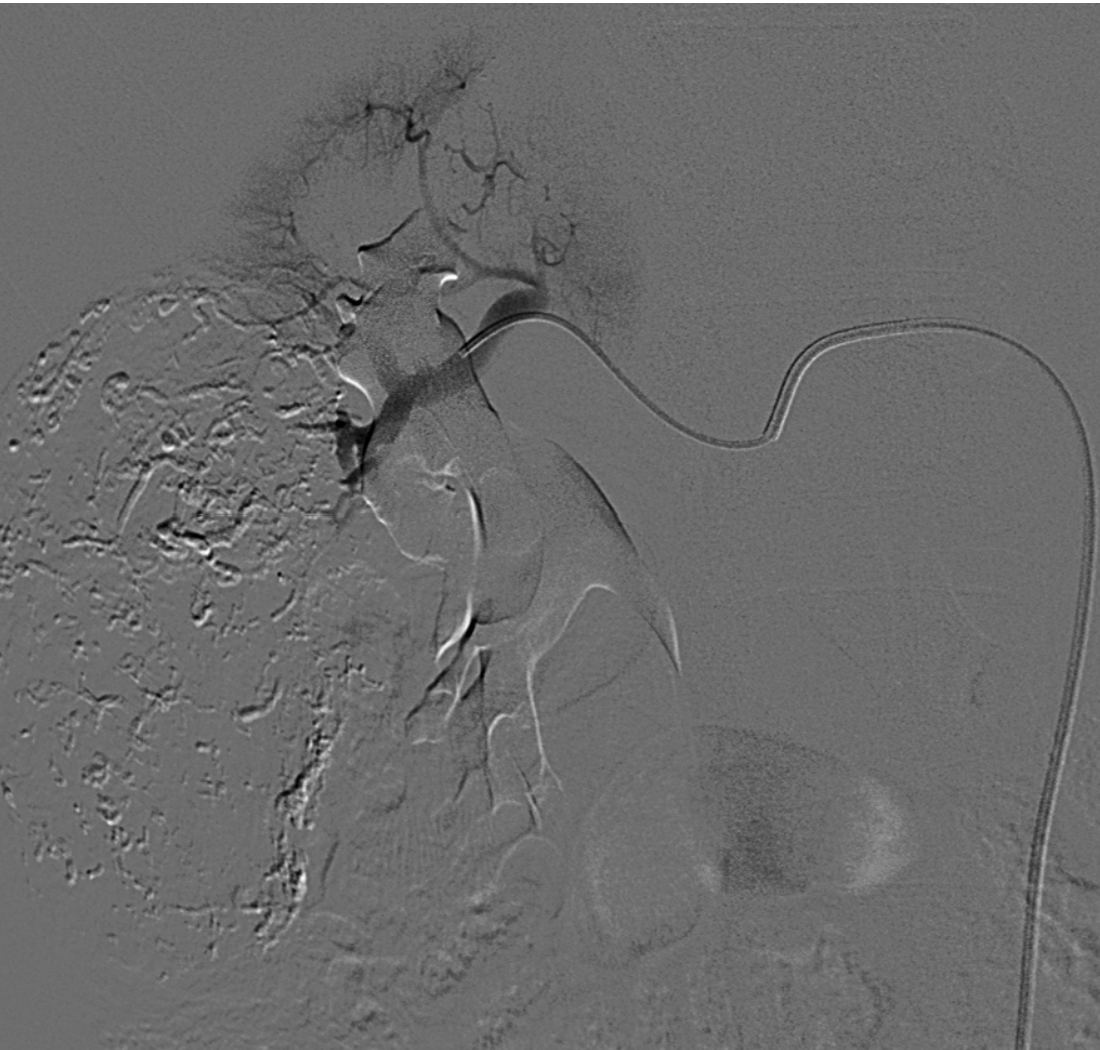
Renal angiomyolipomas



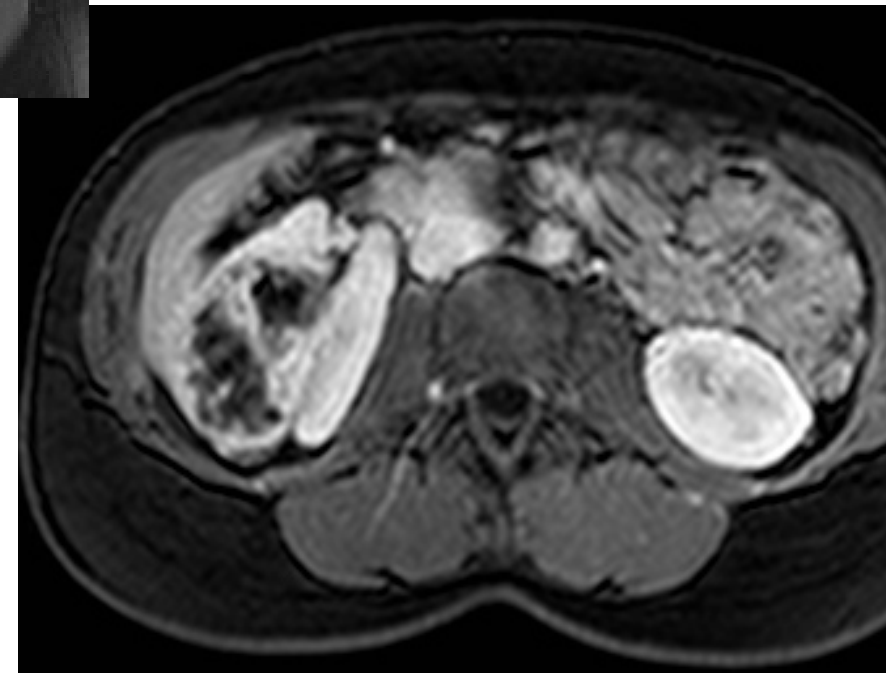
Renal angiomyolipomas



Renal angiomyolipomas



Renal angiomyolipomas



Specific Scenarios

- Non Traumatic
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Polycystic kidney disease

Patients with autosomal dominant polycystic kidney disease (ADPKD) suffer from a nephromegaly that is inversely proportional to renal function. This complication can induce pain, abdominal distension, dysphagia, constipation and dyspnoea, and hinders further transplantation owing to the lack of space in the pelvis.

Surgical techniques, including nephrectomy or cyst fenestration, have been proposed to alleviate the symptoms of ADPKD and to facilitate graft implantation in the pelvis.

However, these techniques carry a 28–66% risk of complication among patients with ESRD.

Percutaneous techniques, such as needle aspiration or cyst ethanol scleropathy are of limited use given the large number of cysts present.

RAE is a potential alternative to surgery. It has been indeed hypothesized that, as renal failure progresses, the function of the renal arteries shifts from supporting renal function to supplying fluid to the renal cysts.

RAE has proven to be efficient in alleviating symptoms among patients and inducing a reduction in kidney volume of ~50% at 1 year, with a shorter hospitalization period as compared with surgery.

Ubara, Y. *Ther. Apher. Dial.* 10, 333–341

Polycystic kidney disease

Study	Sample size (n)	Indication for RAE	Primary technical success rate (%)	Technical success rate after repeat RAE (%)	Clinical success rate (%)	Definition of clinical success
Ubara et al., 2002 ¹⁵⁵	65	Polycystic kidney disease	100	NA	100	Resolution of symptoms
Cornelis et al., 2010 ¹⁵²	25	Polycystic kidney disease	100	NA	84	Reduction of kidney volume sufficient to allow renal transplantation

Specific Scenarios

Autosomal polycystic kidney disease, nephrectomy required before transplantation if kidney volume excessive. We evaluated the effectiveness of transarterial embolization (TAE) to obtain sufficient volume reduction for graft implantation. From 2007 to December 2009, 25 patients with kidneys descending below the iliac crest had unilateral re-embolization associated with a postembolization syndrome. Volume reduction was evaluated by CT before and 6 months after embolization. The strategy was considered a success if the temporary contraindication for renal transplantation could be withdrawn 6 months after TAE. TAE was well tolerated. The objective was reached in 21 patients. The temporary contraindication for transplantation was withdrawn within 3 months after TAE in 9 patients and 6 months in 12 additional patients. The mean reduction in volume was 42% at 3 months ($p = 0.01$) and 58% at 6 months ($p = 0.001$). One patient required percutaneous sclerotherapy to reach the objective. The absence of sufficient volume reduction was due to an excessive renal volume, a missed accessory artery, or renal artery revascularization. Embolization of large polycystic kidneys appears to be an advantageous alternative to nephrectomy before renal transplantation.

Polycystic kidney disease

*American Journal of Transplantation 2010; 10: 2363–2369
Wiley Periodicals Inc.*

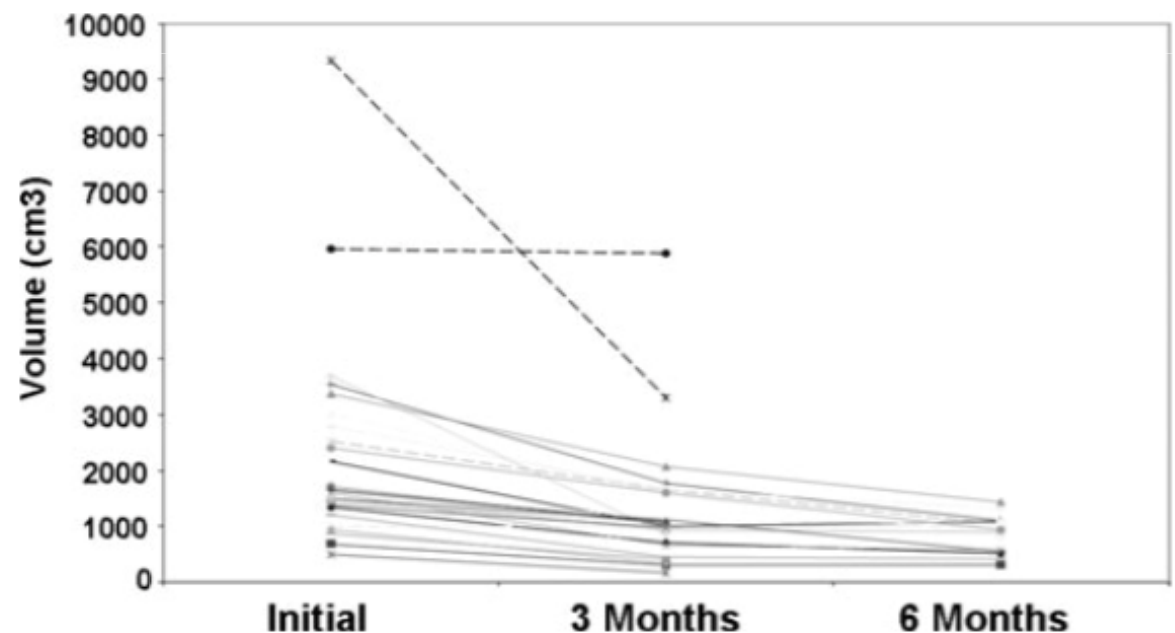
Brief Communication

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Journal compilation © 2010 The American Society of
Transplantation and the American Society of Transplant Surgeons

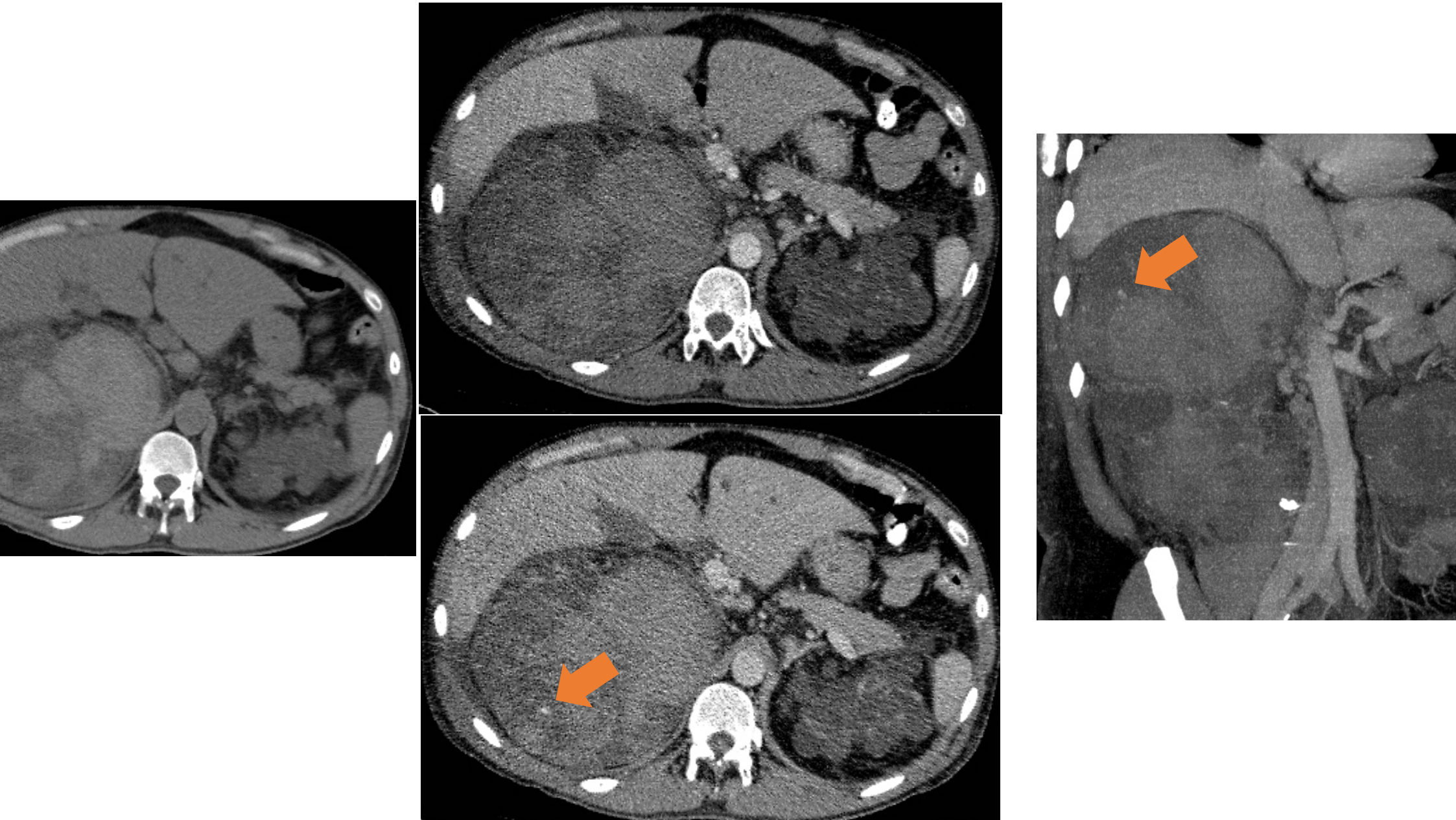
doi: 10.1111/j.1600-6143.2010.03251.x

Embolization of Polycystic Kidneys as an Alternative to Nephrectomy Before Renal Transplantation: A Pilot Study

F. Cornelis^a, L. Couzi^b, Y. Le Bras^a, R. Hubre^a,
E. Dodré^a, M. Geneviève^b, V. Pérot^a,
H. Wallerand^c, J. M. Ferrière^c, P. Merville^b
and N. Grenier^a

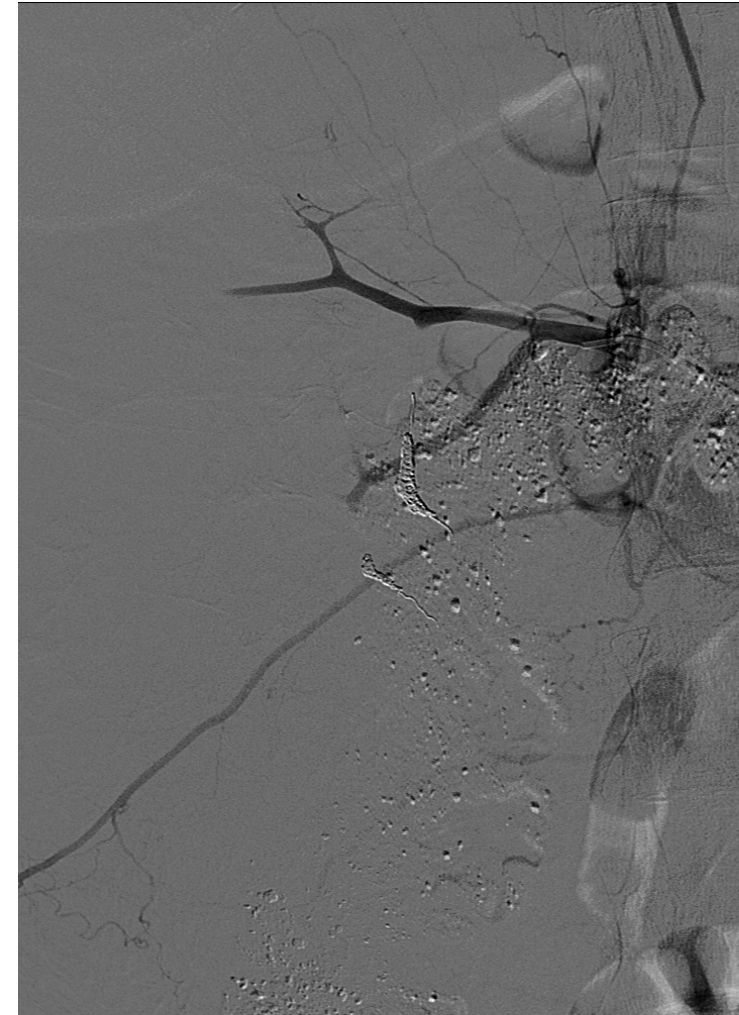
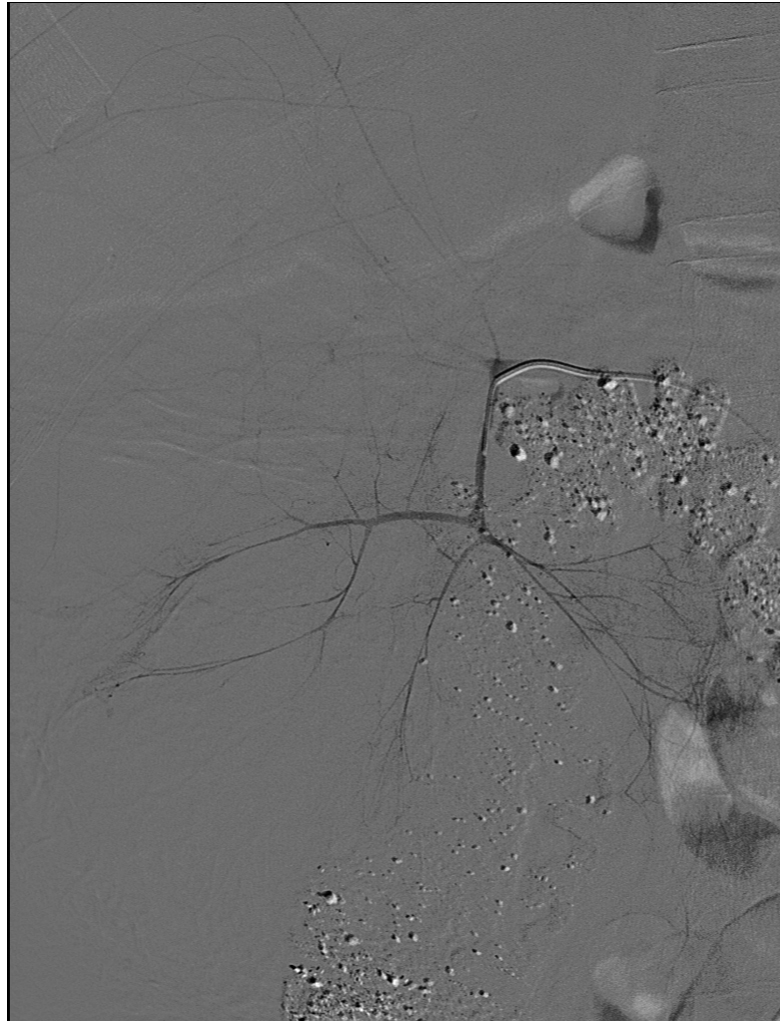
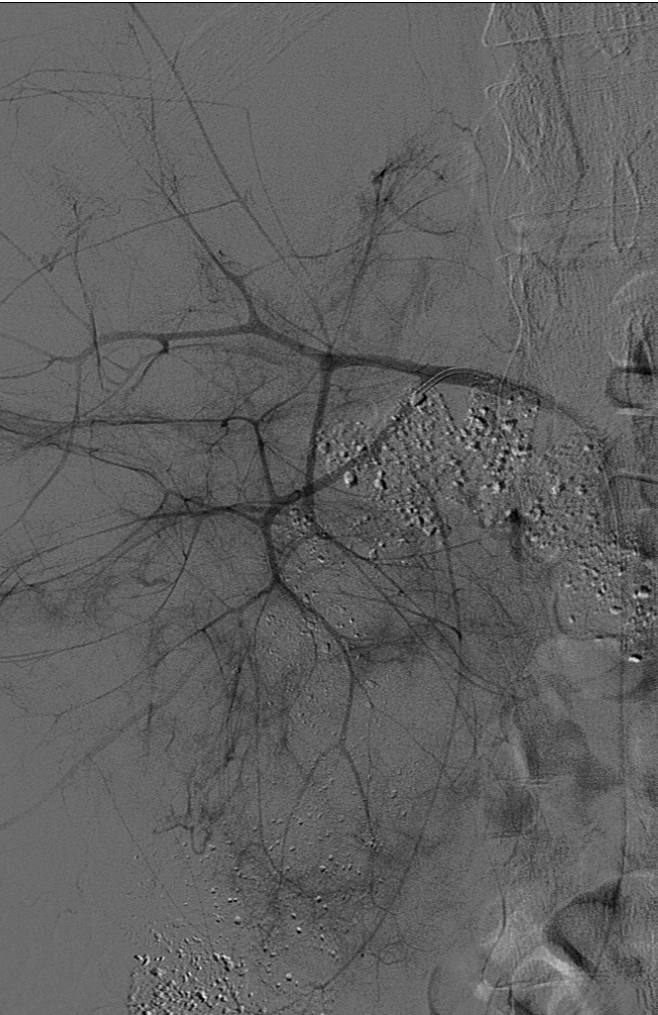


TRATTAMENTO DELLE EMORRAGIE RENALI

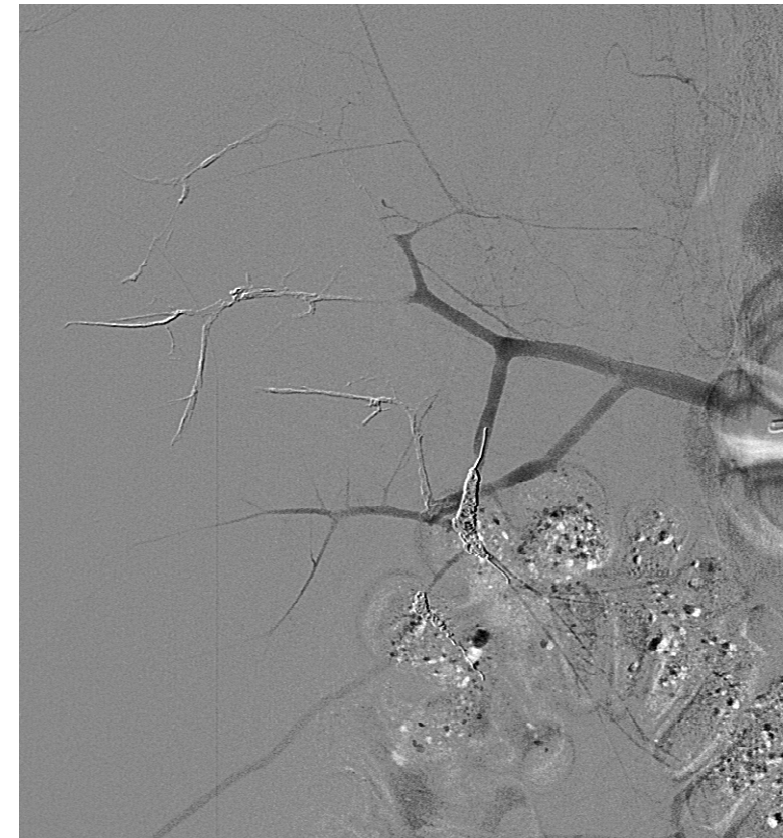
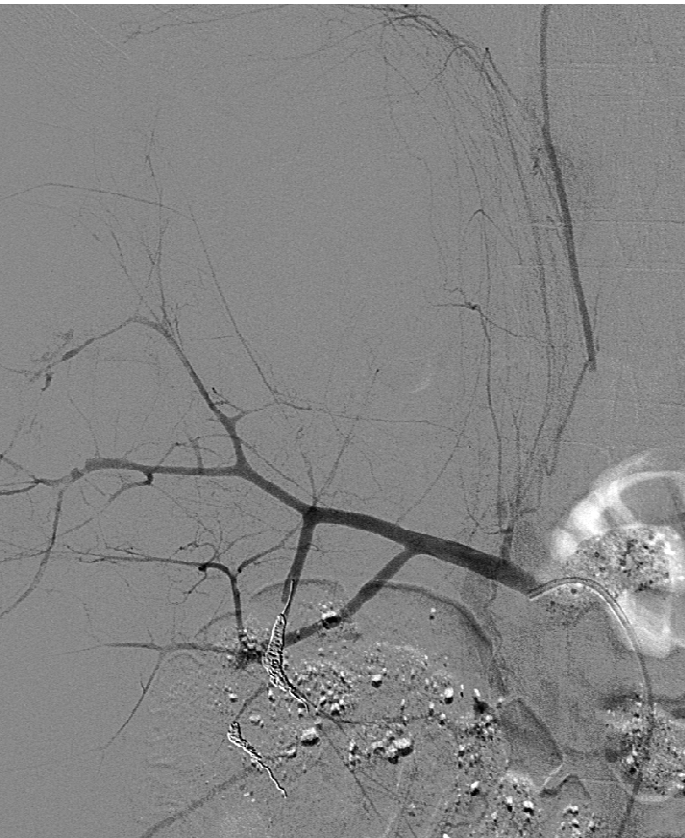


The Dark side of the Guidelines – 1st Interventional Radiologist Under 40 Meeting

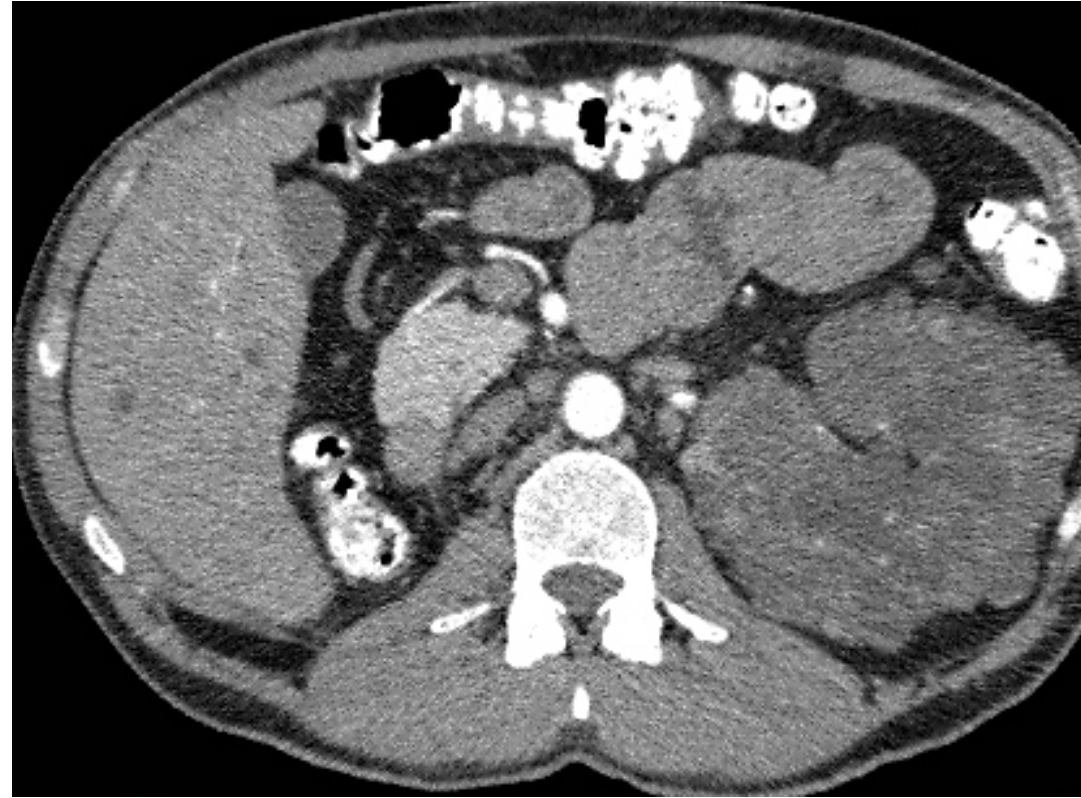
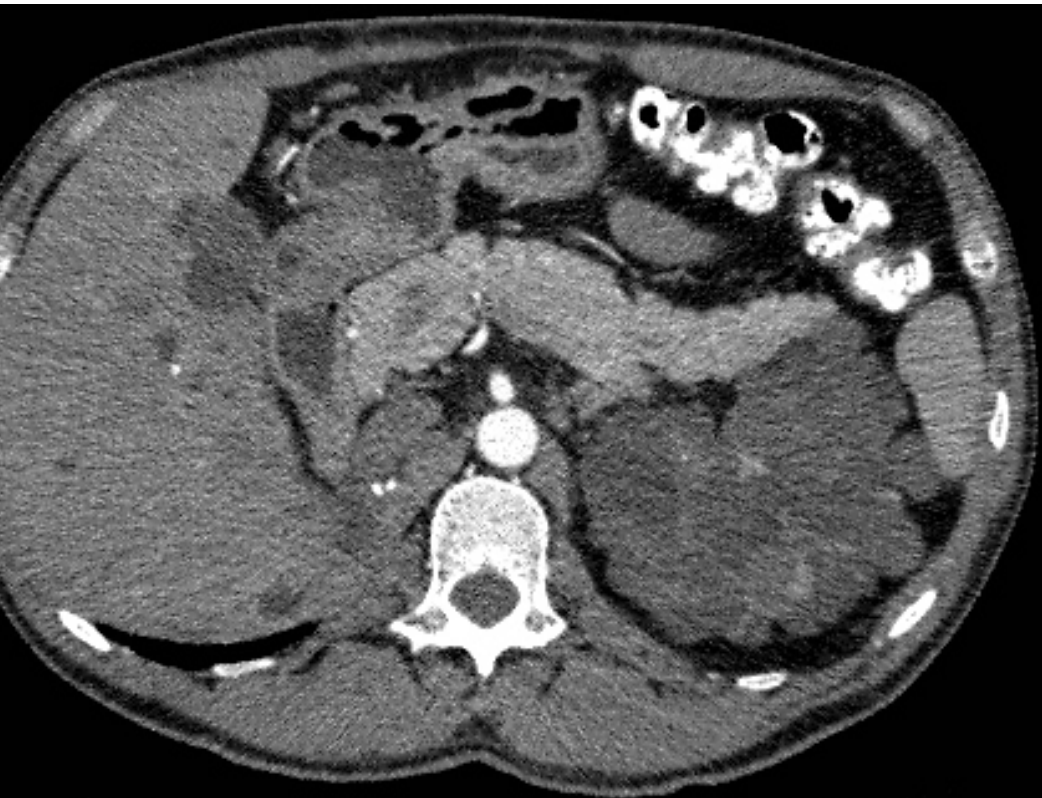
Polycystic kidney disease



Polycystic kidney disease



Polycystic kidney disease



Specific Scenarios

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Renal arteriovenous malformations

Renal arteriovenous (AV) shunts are rare pathologic communications between the renal artery and veins without interconnecting capillaries.

- ✓ Renal AVMs can induce gross haematuria, hypertension or high-output cardiac failure.
- ✓ Surgical cure of renal AVMs is difficult to achieve and often results in nephrectomy.
- ✓ RAE remains the best option for symptomatic renal AVMs and the optimum management focuses on destroying the nidus.
- ✓ As a result, proximal RAE is not effective and might even be deleterious, as it can hinder subsequent access to the nidus.
- ✓ Ideally, liquid agents that are able to easily reach the nidus should be used.
- ✓ RAE of these complex lesions remains difficult and should be performed only by experienced radiologists.

Specific Scenarios

Renal arteriovenous malformations

Study	Sample size (n)	Indication for RAE	Primary Technical success (%)	Technical success rate after repeat RAE (%)	Clinical success rate (%)	Definition Of clinical success	Embolic agent
Heyne et al. (2010)	1	cirroid AVM	100%	NA	100%	Resolution of symptoms	n-butyl 2-cyanoacrylate
Matsumoto et al. (2014)	12	renal AVMs	86%	100% (2/14)	100%	Resolution of symptoms	various embolization materials (liquid embolization agents, gelatin sponge, and coils)

RadioGraphics 2016; 36:0000–0000

Renal arteriovenous malformations

Renal Arteriovenous Shunts: Clinical Features, Imaging Appearance, and Transcatheter Embolization Based on Angioarchitecture¹

TEACHING POINTS

Because the angioarchitecture of nontraumatic renal AV shunts does not differ from that of peripheral AV malformations, we suggest that the classification by Cho would be more suitable.

To understand the angioarchitecture of a renal AV shunt and consider appropriate treatment strategies, certain features should be evaluated with angiography: (a) feeding arteries: number, size, presence of aneurysms, potential accessibility to the fistulous point, and location of normal renal parenchymal branches from the feeding arteries; (b) fistulous points: number and size; (c) drainage veins: number, presence of saccular dilatation, and accessibility by the transvenous approach; (d) intranidal communication for AV malformations; and (e) shunt flow (circulation time).

- Successful embolization should involve the complete and permanent occlusion of the shunt while preserving the normal renal arterial branches as far as possible. It is therefore important to achieve complete occlusion of the fistulous points distally beyond the normal renal arterial branches. The consideration of the type and angioarchitecture of the shunt is essential for safe and effective embolization treatment.
- Proximal embolization of the arterial feeder with coils or vascular plugs should be avoided because recruitment of the blood flow via the collaterals can cause recurrence and complicate the angioarchitecture of type III shunts.

Renal Arteriovenous Shunts: Clinical Features, Imaging Appearance, and Transcatheter Embolization Based on Angioarchitecture¹

Classification of Renal AV Shunts

Classification	Characteristics at Angiography
Isolated renal AV shunts	Direct fistulous formation between a single artery and a single vein; coexistence of pseudoaneurysms (often)
Traumatic renal AV shunts	A single or a few arteries shunting to a dilated single draining vein; Multiple arterioles shunting to a single dilated draining vein; Multiple shunts between the arterioles and venules, forming a complex vascular network

Renal arteriovenous malformations

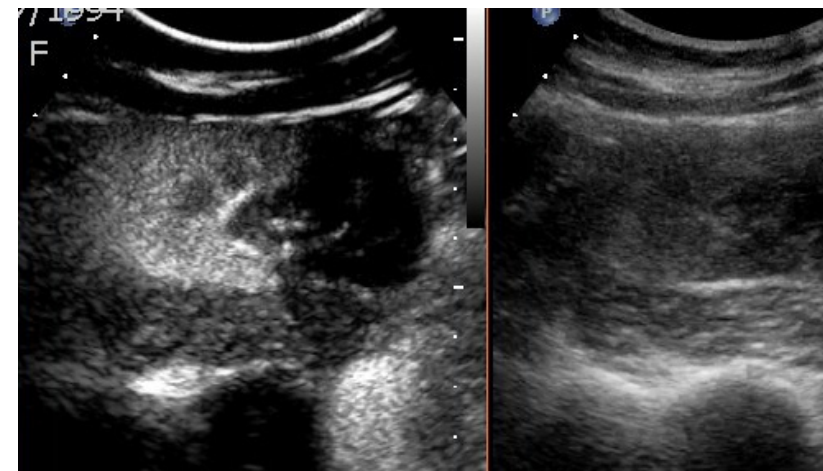
Table 4: Embolic Materials Used for the Occlusion of Renal AV Shunts

Embolic Materials	Diameter (mm)	Introducing Catheter (F)	Applicable Type of Renal AV Shunts	Limitation and Drawbacks
Particles				
Gelatin sponge	1–10	1.7–4	Type III, traumatic renal AV shunt (combined use with coils or plug)	Low rate of complete occlusion of type III renal AV shunt; high rate (>50%) of recurrence, non-target embolization (renal infarction)
PVA	0.1–1	1.7–4	Type III, traumatic renal AV shunt	
Coils				
Pushable coil	2–20	1.9–4	Types I, II, traumatic renal AV shunt (various sizes)	Effective for small and medium-sized AV fistulas, risk of migration for large AV fistulas, ineffective for AV malformations
Detachable coil	1–32	1.7–4		
Detachable balloon	7–15	6–10	Type I (medium fistula size)	Risk of spontaneous deflation, migration
Vascular plug	3–22	4–9	Type I (medium fistula size)	Large size of guiding catheter, relatively stiff delivery system
Liquid materials				
Absolute ethanol	...	≥1.2	Types I, II, III (medium size)	Toxic effects of alcohol (PHN shock), higher risk of overembolization (renal infarction)
NBCA	...	≥1.2	Types I, II, III, traumatic renal AV shunt (various sizes)	Risk of migration (PE), overembolization (renal infarction), gluing catheter
Onyx	...	≥1.3, DMSO compatible	Types I, II, III (multiple feeders with small fistula size)	Risk of migration (ARDS), overembolization (renal infarction)

Renal arteriovenous malformations



A 19 yo young woman with
haematuria and flank pain
(intraparenchymal AVM)



Renal artery aneurysms

Renal artery aneurysms are uncommon, with an estimated prevalence of 0.7% based on computed tomographic imaging in the general population.

Predisposing factors include connective tissue disease (Marfan syndrome, Ehlers–Danlos syndrome, Behçet syndrome), neurofibromatosis, atherosclerosis, fibromuscular dysplasia, polyarteritis nodosa, and tuberculosis.

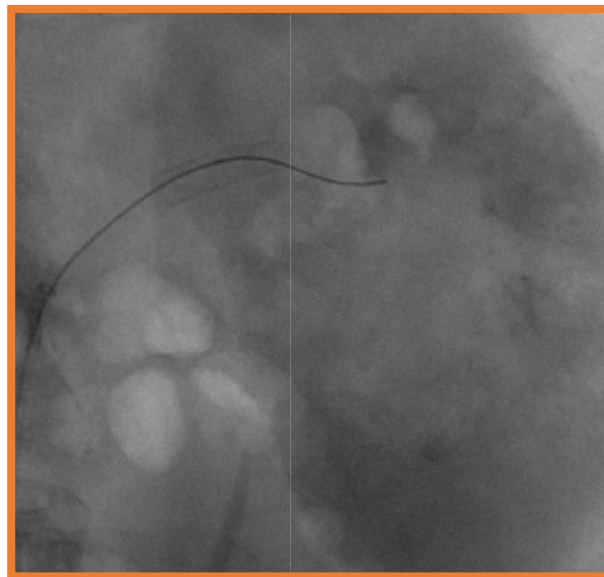
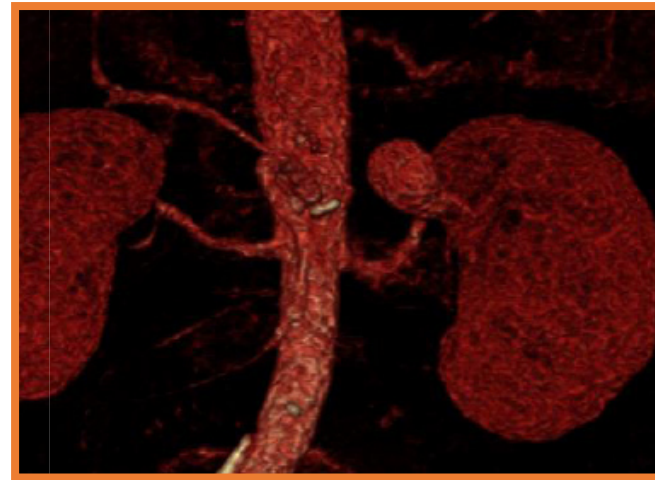
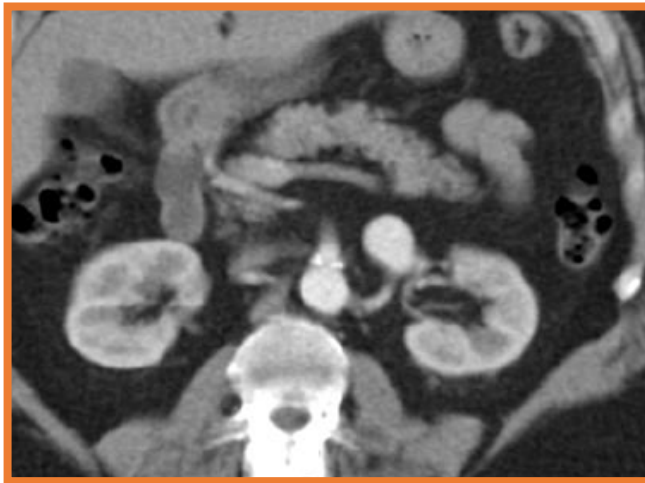
Indications for treatment of renal artery aneurysms are not well delineated, although **aneurysm diameter 1.5-2 cm, rupture, associated flank pain or hematuria**.

Although rare, perhaps the most feared complication of renal artery aneurysm is rupture, as this carries a mortality rate of 80%.

Aranzulla, T et al. *J. Invasive Cardiol.* 19, E246–E253 (

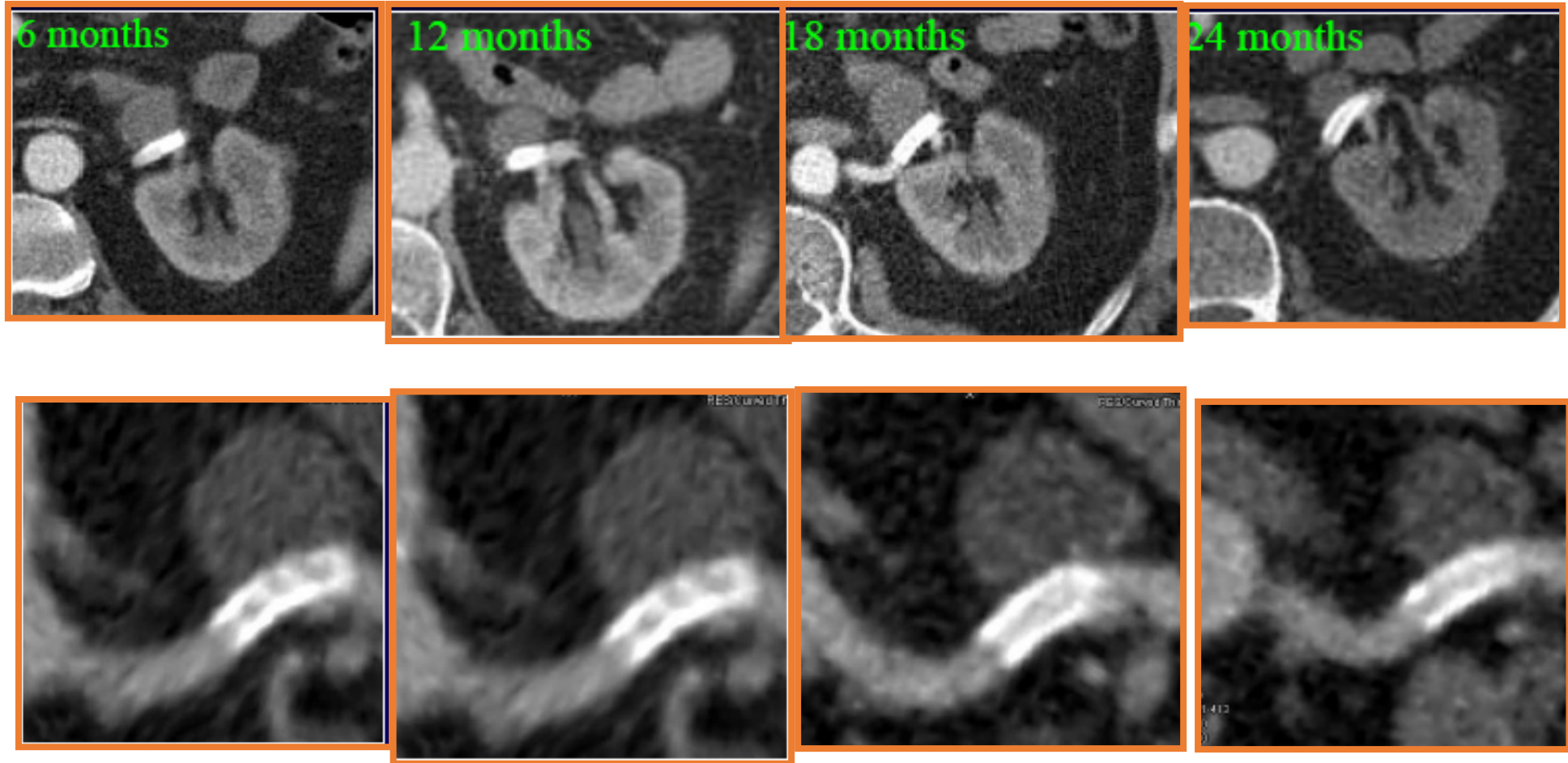
TRATTAMENTO DELLE EMORRAGIE RENALI

Renal artery aneurysms



TRATTAMENTO DELLE EMORRAGIE RENALI

Renal artery aneurysms



Specific Scenarios

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Traumatisms

The kidney is the third most frequent abdominal organ to be injured, with renal trauma occurring in ~1–5% of all trauma cases.

In some series, 80–90% of all kidney injuries were secondary to blunt abdominal trauma; in others, the rate of penetrating injuries can be up to 20% in urban settings.

Although general consensus is that patients with critical haemodynamic instability despite active resuscitation should be admitted to surgery to control the bleeding as quickly as possible, RAE is increasingly used as an adjunct or a minimally invasive alternative to surgery

- ✓ In cases of penetrating or iatrogenic trauma, RAE is mostly used as a first-line alternative to surgery.
- ✓ In blunt trauma, the relative role of expectant management, RAE and surgery, mostly depends on the trauma grade of the lesions and on the presence or absence of active bleeding as assessed by CT.

Morey, A. F. *et al.* Urotrauma: AUA Guideline. *J. Urol.* 192, 327

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Specific Scenarios

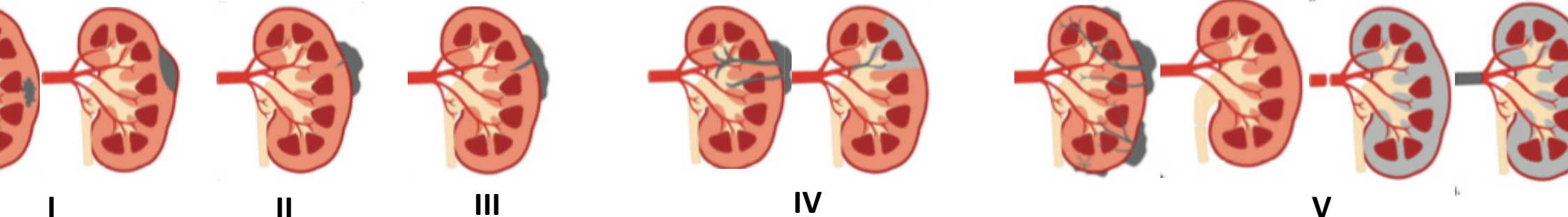
nt traumas are usually caused by motor vehicle accidents or assault.

the consequences of blunt renal trauma are usually caused by direct trauma or displacement of the vascular pedicle.

renal injuries are usually graded by CT scan. The AAST renal injury classification was found to be the most accurate.

AAST Renal Injury Scale

Grade*	Type of Injury	Description
I	Normal contusion Hematoma	Microscopic or gross hematuria with normal urologic findings Nonexpanding subcapsular hematomas with no laceration
II	Hematoma	Nonexpanding perinephric (perirenal) hematomas confined to the retroperitoneum
	Laceration	Superficial cortical lacerations less than 1 cm in depth without collecting system injury
III	Laceration	Renal lacerations greater than 1 cm in depth without collecting system injury
IV	Laceration	Renal lacerations extending through the renal cortex, medulla, and collecting system
	Vascular injury†	Injuries involving the main renal artery or vein with contained hematoma, segmental infarctions without associated lacerations
V	Laceration Vascular injury	Shattered kidney, ureteropelvic junction avulsions Complete laceration (avulsion) or thrombosis of the main renal artery or vein that devascularizes the kidney



Traumatisms: Blunt Trauma

Grade I–II injuries are the most frequent and best treated with observation, transfusions and bed rest.

These traumatisms should not be treated routinely with RAE, despite what might be done in some centres, owing to the risk of inducing unnecessary renal infarctions.

The management of **Grade III–V** injuries is not currently standardized.

- ✓ Surgical exploration was originally considered the method of reference; however, this approach led to nephrectomy rather than repair in up to 64% of cases.
- ✓ There has, therefore, been a progressive trend to treat high-grade renal traumas with less invasive methods.
- ✓ The majority of practitioners support expectant treatment for haemodynamically stable patients without any active bleeding, to avoid surgical exploration at the acute phase where possible.

Danuser, et al *Eur. Urol.* 39, 9–14

Glass, et al. *World J. Urol.* 32, 821–827

Hotaling, et al.. *J. Urol.* 185, 1316–1320

Breyer, V. A. *J. Urol.* 179, 2248–2252; discussion 2253

Trauma

Clinicians should perform diagnostic imaging with intravenous (IV) contrast enhanced computed tomography (CT) in stable blunt trauma patients with hematuria or microscopic hematuria and systolic blood pressure ≥ 90 mmHG. (Standard; Evidence Strength: Grade B)

Clinicians should perform diagnostic imaging with IV contrast enhanced CT in unstable blunt trauma patients with mechanism of injury or physical exam findings concerning for renal injury (e.g., rapid deceleration, significant blow to flank, fracture, significant flank ecchymosis, penetrating injury of abdomen, flank, or lower chest). (Recommendation; Evidence Strength: Grade C)

Clinicians should perform IV contrast enhanced abdominal/pelvic CT with immediate and delayed images when there is suspicion of renal injury. (Clinical Principle)

Clinicians should use non-invasive management strategies in hemodynamically stable patients with renal injury. (Standard; Evidence Strength: Grade B)

A surgical team must perform immediate intervention (surgery or embolization in selected situations) in hemodynamically unstable patients with no or transient response to resuscitation. (Standard; Evidence Strength: Grade B)

Clinicians may initially observe patients with renal parenchymal injury and no urinary extravasation. (Clinical Principle)

Traumatisms: Blunt Trauma

Approved by the
Board of Directors
April 2014

American Urological Association (AUA) Guideline

UROTRAUMA: AUA GUIDELINE

Allen F. Morey, MD; Steve Brandes, MD; Daniel David Dugi III, MD; John H. Armstrong, MD; Benjamin N. Breyer, MD; Joshua A. Broghammer, MD; Bradley A. Erickson, MD; Jeff Holzbeierlein, MD; Steven J. Hudak, MD; Jeffrey H. Pruitt, MD; James T. Reston, PhD, MPH; Richard A. Santucci, MD; Thomas G. Smith III, MD; Hunter Wessells, MD

- Clinicians should perform follow-up CT imaging for renal trauma patients having either (a) deep lacerations (AAST Grade IV-V) or (b) clinical signs of complications (e.g., fever, flank pain, ongoing blood loss, abdominal distention). (Recommendation; Evidence Strength: Grade C)
- Clinicians should perform urinary drainage in the presence of complications such as enlarging urinoma, increasing pain, ileus, fistula or infection. (Recommendation; Evidence Strength: Grade C) Drainage should be achieved via ureteral stent and may be augmented by percutaneous urinoma drain, percutaneous nephrostomy, or both. (Expert Opinion)

Traumatisms: Blunt Trauma

Guideline of guidelines: A Review of Urologic Trauma Guidelines

Bryk, DJ- Darren J. Bryk, BS
Zhao, LC- Lee C. Zhao, MD MS

doi: 10.1111/bju.130

Objective: To review the guidelines released in the last decade by several organizations regarding the optimal evaluation and management of genitourinary injuries (renal, ureteral, bladder, urethral and genital).

Materials and Methods: This is a review of the genitourinary trauma guidelines from the European Association of Urology (EAU) and the American Urological Association (AUA) and renal trauma guidelines from the Societe Internationale D'Urologie (SIU).

Results: Most recommendations are guided by the American Association for the Surgery of Trauma (AAST) organ injury severity system. Grade A evidence is very rare in genitourinary trauma, and most recommendations are based on Grade C evidence. The findings of the most recent urologic trauma guidelines are summarized. All guidelines recommend conservative management for low-grade injuries. The major difference is for high-grade renal trauma, where the SIU and EAU recommended exploratory laparotomy for Grade 5 renal injuries, while the more recent AUA guideline recommends initial conservative management in hemodynamically stable patients.

Conclusion: There is generally consensus among the three guidelines. Recommendations are based on observational or retrospective studies as well as clinical principles and expert opinions. Large-scale prospective studies can improve the quality of evidence, and direct more effective evaluation and management of urologic trauma.

Traumatisms: Blunt Trauma

Guideline of guidelines: A Review of Urologic Trauma Guidelines

Bryk, DJ- Darren J. Bryk, BS
Zhao, LC- Lee C. Zhao, MD MS

doi: 10.1111/bju.130

	Recommendation	Level of Evidence	Organization
Renal			
	Patients with gross hematuria should undergo abdominal/pelvic CT with IV contrast with immediate and delayed images.	Grade C	SIU, EAU, AUA
	<u>Stable Patient</u> : Conservative management for grades 1, 2 injury.	Grade B	SIU, EAU, AUA
	Initial conservative management for high grade renal injury	Grade B	AUA
	Surgical repair if already undergoing laparotomy for grades 3, 4. Exploratory laparotomy for grade 5.	Grade C	SIU
	<u>Unstable patient</u> : Exploratory laparotomy. Consider angioembolization in experienced centers.	Grade B	SIU, EAU, AUA
	Renovascular injury- Attempt revascularization only in patient with solitary kidney or with bilateral renal injury.	Grade C	SIU
	Follow-up CT for grade 4 or 5 renal injuries 36-72 hours after presentation.	Grade C	SIU, AUA
	Renal trauma patients should have periodic blood pressure monitoring.	Grade C	SIU, EAU, AUA

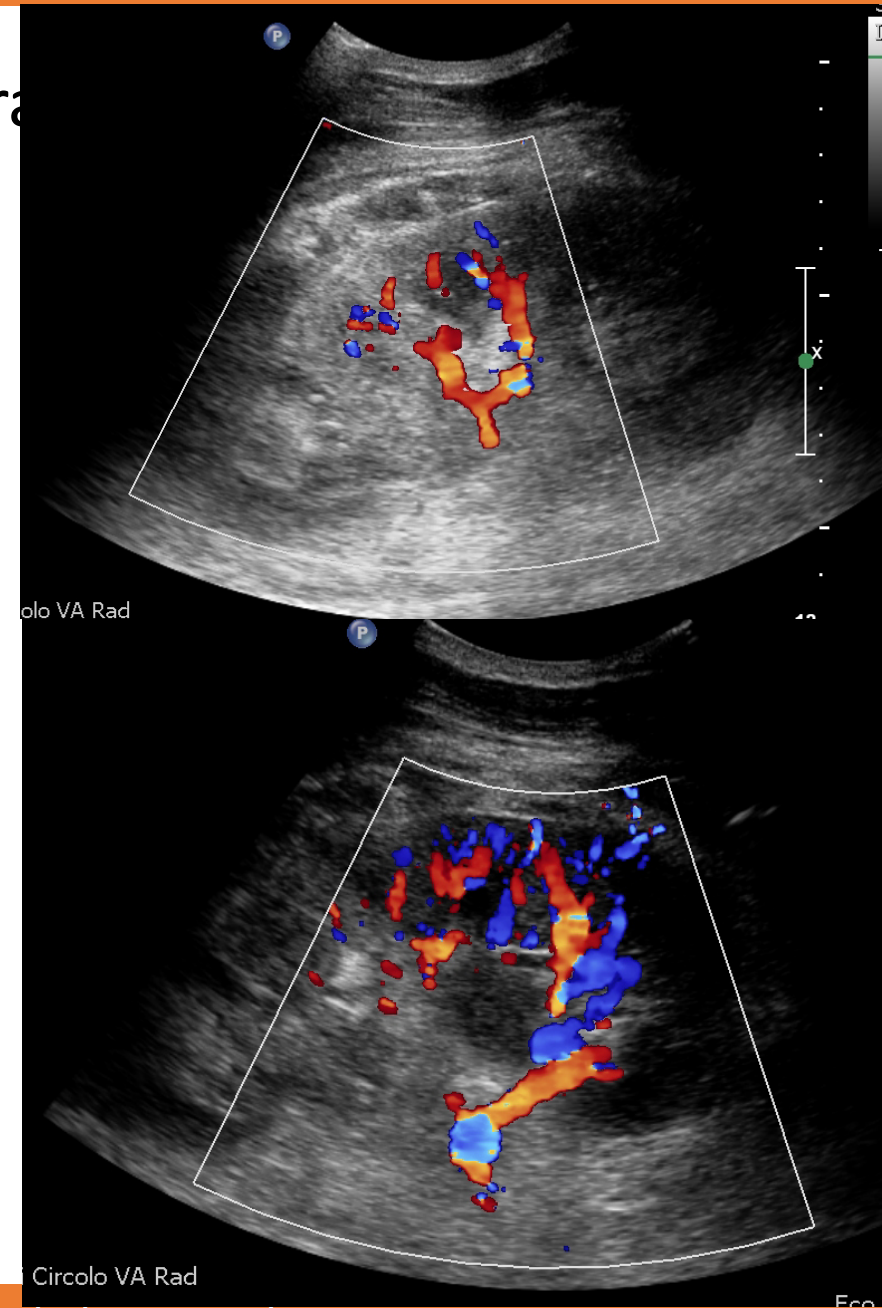
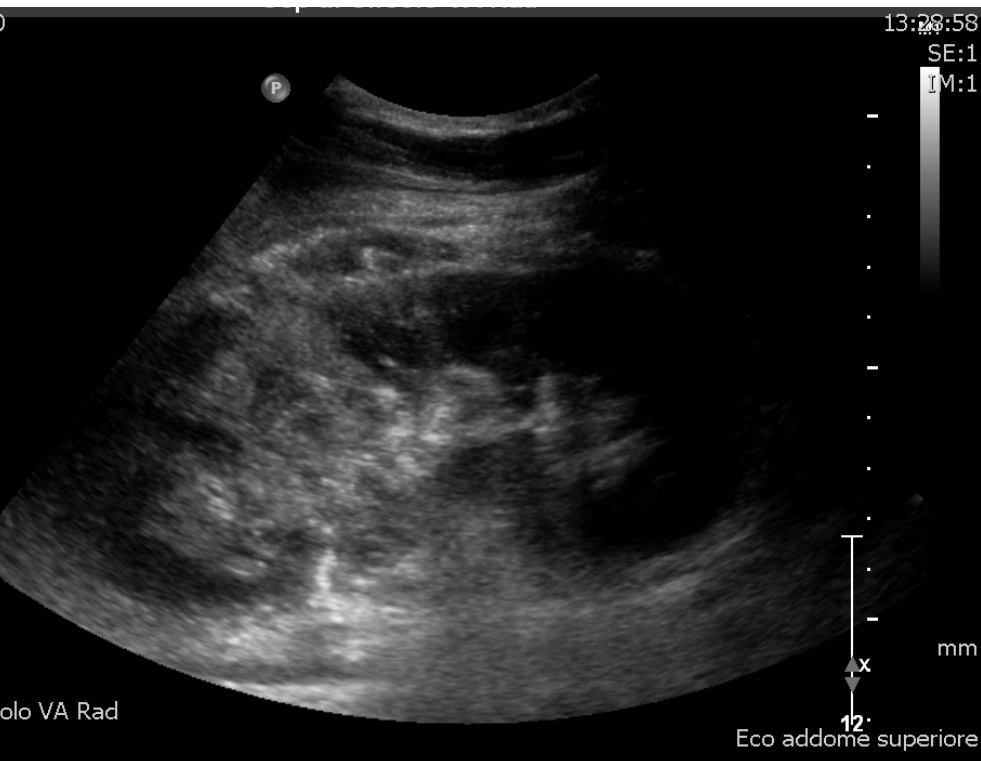
Traumatisms: Blunt Trauma



Traumatism: Blunt Trauma



Traumatismes: Blunt Tra



Specific Scenarios

- Non Traumatic
 - Tumors
 - Chronic Diseases
 - AVM
- Traumatic
 - Blunt/Penetrating Trauma
 - Iatrogenic Lesions

Traumatisms: Penetrating Trauma

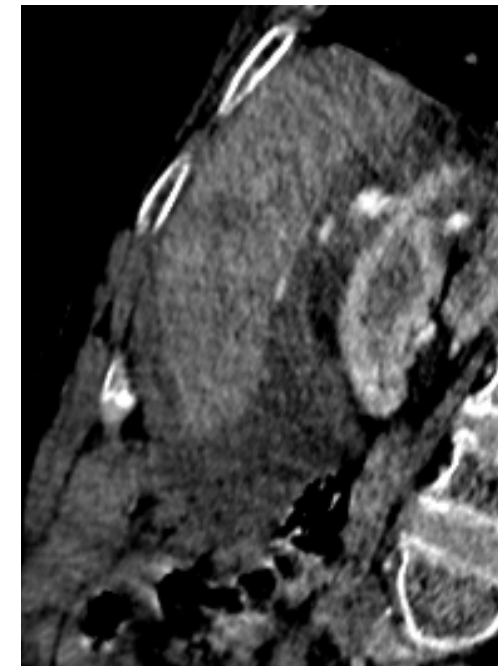
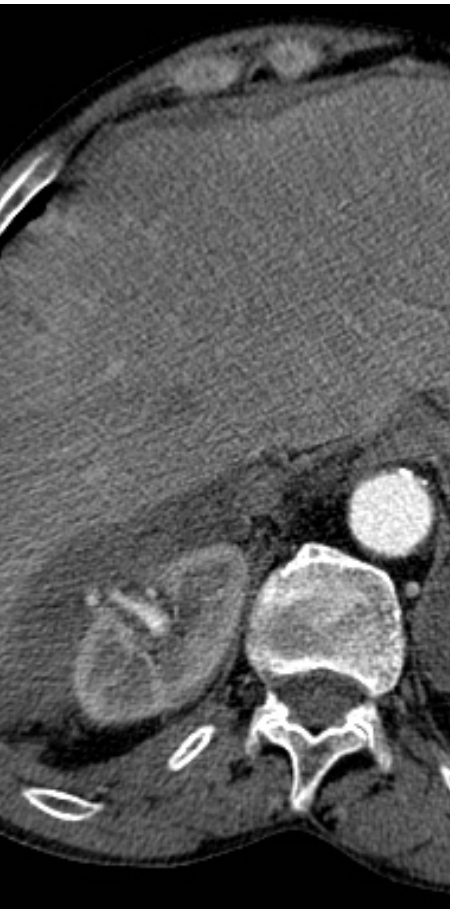
Penetrating trauma can occur as a result of stab or gunshot wounds

Penetrating trauma can induce three types of vascular injury: direct bleeding in the subcapsular or perirenal space or in the collecting system (arteriocalyceal fistulas); arterial pseudoaneurysms; and AVFs.

Surgical repair of vascular lesions is difficult and carries a high risk of nephrectomy. Consequently, these lesions are usually managed conservatively by transfusion or RAE.

Morey, A. F. *et al.* Urotrauma: AUA Guideline. *J. Urol.* 192, 327 (2014).

Traumatism: Penetrating Trauma



LUINO

Settantenne accoltellato all'addome

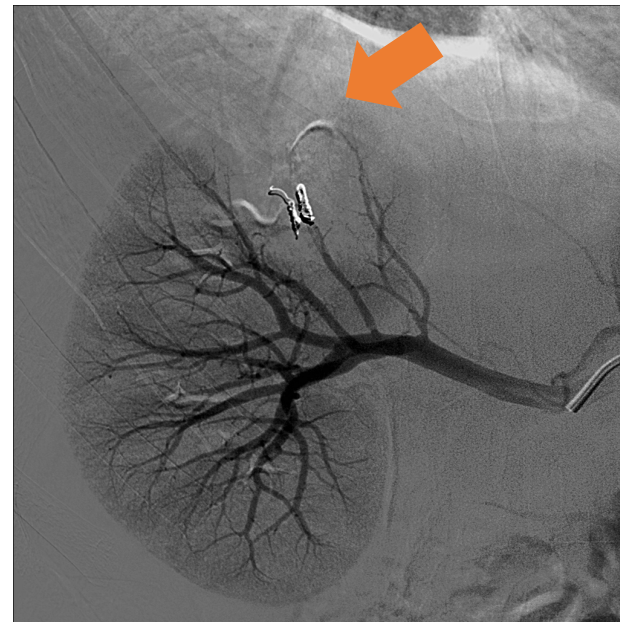
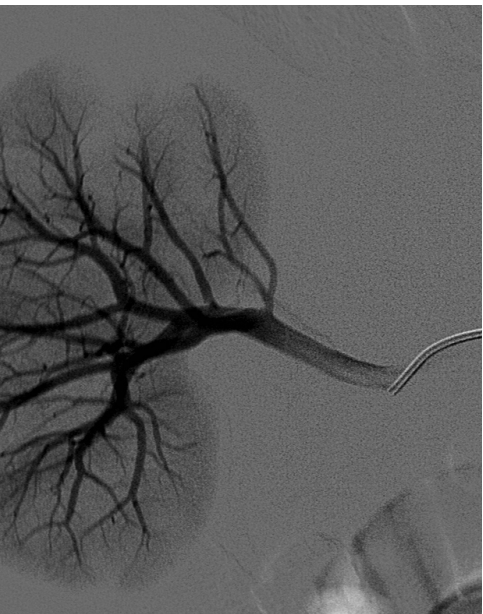
Il fatto avvenuto a Luino nella serata di lunedì. L'uomo raggiunto da un fendente: indagano i carabinieri

di Redazione redazione@varesenews.it

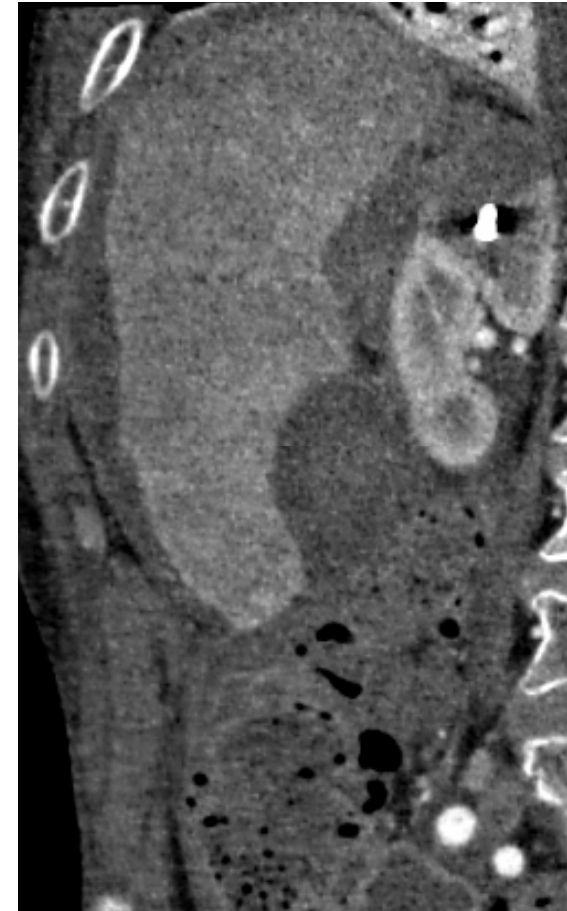
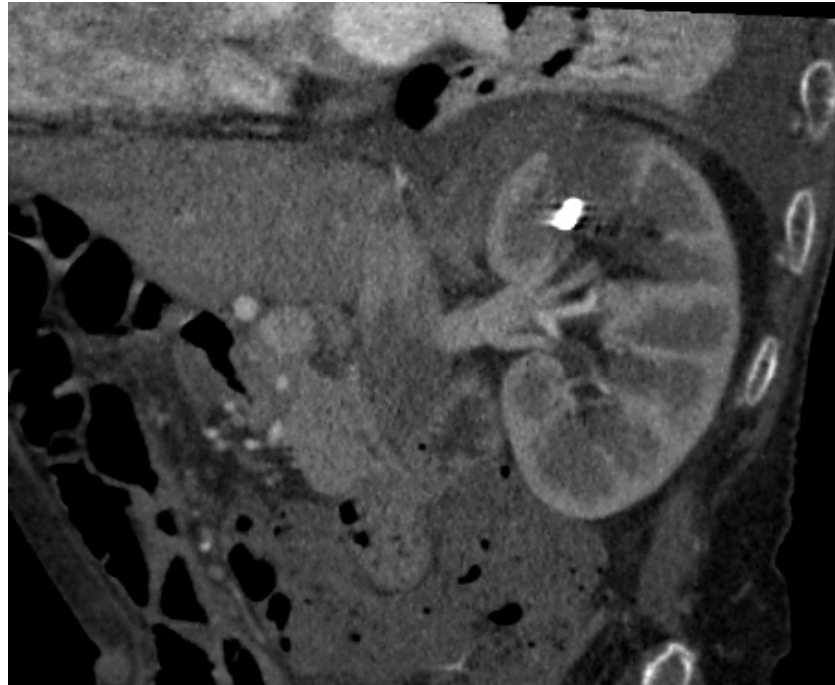
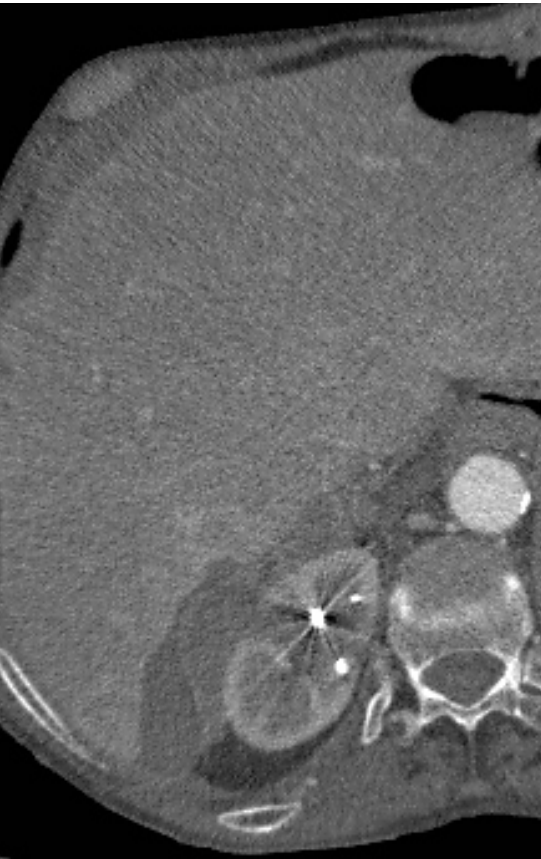
23 febbraio 2016 - 9:06

**Un uomo di 70anni è stato
accoltellato nella serata di ieri a
Luino.** Un solo fendente avrebbe
raggiunto l'uomo all'addome.

Traumatisms: Penetrating Trauma



Traumatisms: Penetrating Trauma



Specific Scenarios

- Non Traumatic
 - Tumors
 - Chronic Diseases
 - AVM
- Traumatic
 - Blunt/Penetrating Trauma
 - Iatrogenic Lesions

Traumatisms: iatrogenic Injuries

Iatrogenic injuries following renal biopsy, placement of a nephrostomy tube, or percutaneous, laparoscopic or open surgical procedures.

The incidence of vascular lesions following biopsy of native or transplanted kidneys is 8.0%, with only 0.2–2.0% patients requiring intervention.

The incidence of severe bleeding complications requiring intervention is 0.6–1.4% following percutaneous renal surgery and 0.0–9.5% following open or laparoscopic nephron-sparing surgery.

Study	Sample size (n)	Indication for RAE	Primary technical success rate (%)	Technical success rate after repeat RAE (%)	Clinical success rate (%)	Definition of clinical success
Srivastava <i>et al.</i> , 2005 ⁵⁰	27	iatrogenic vascular injuries	81	89	89	Control of bleeding without need for surgery
Sam <i>et al.</i> , 2011 ¹⁶	50	iatrogenic vascular injuries	98	NA	94	Control of bleeding
Zeng <i>et al.</i> , 2013 ⁵⁹	117	iatrogenic vascular injuries	90	99	99	Control of bleeding without need for surgery

Transcatheter embolisation of iatrogenic renal vascular injuries

Anna Maria Ierardi · Chiara Floridi · Federico Fontana · Ejona Duka · Antonio Pinto · Mario Petrillo · Elias Kehagias · Dimitrios Tsetis · Luca Brunese · Gianpaolo Carrafiello

Abstract

Purpose The aim of our study was to review our experience and long-term follow-up in the treatment of iatrogenic renal vascular injuries using transcatheter embolisation.

Materials and methods Our retrospective analysis of cases collected in two interventional centres consists of a total of 21 patients who underwent renal arterial embolisation (RAE) for iatrogenic arterial kidney bleeding. Biopsy ($n = 4$), percutaneous nephrolithotomy ($n = 4$), nephron-sparing surgery ($n = 4$), guidewire-induced arterial perforation during coronary angiography or renal stenting ($n = 3$), percutaneous nephrostomy ($n = 3$), renal endopyelotomy/pyeloplasty ($n = 2$) and surgical nephrectomy were the iatrogenic causes. Seven patients presented with haemodynamic instability requiring blood transfusion (33.3 %), the remaining were haemodynamically stable

(66.7 %). Diagnostic renal angiography revealed 9 active bleeding vessels, 6 pseudoaneurysms, 4 arteriovenous fistulas and 1 arterio-calyceal fistula. In one patient selective renal arteriography was negative probably because the bleeding observed at CT angiography was self-limited. Twenty-one embolisation procedures were performed in 20 patients; one patient required a second embolisation 3 months after the first one. Embolisation was performed with microcoils, polyvinyl alcohol particles, embosphere, spongostan emulsion and vascular plug.

Results The technical success rate was 100 %. The overall clinical success rate was 95 %. Apart from a patient who died due to disseminated intravascular coagulation, no major complications requiring intensive care treatment were encountered during or after the procedures. No patient required emergency surgery or subsequent surgical treatment. No statistically significant differences in eGFR or renal function stage appeared after RAE.

Conclusions Percutaneous treatment can be proposed as first-line treatment in iatrogenic renal arterial injuries resulting in a safe and effective procedure.

Traumatisms: iatrogenic Injuries

EUROPEAN UROLOGY 62 (2012) 628–639

Available at www.sciencedirect.com
Journal homepage: www.europeanurology.com

EU

European Association of Urology



Guidelines

Guidelines on Iatrogenic Trauma

John J. Summerton^{a,*}, Noam D. Kitrey^b, Nicolaas Lumen^c, Efraim Serafetinidis^d,
and Djakovic^e

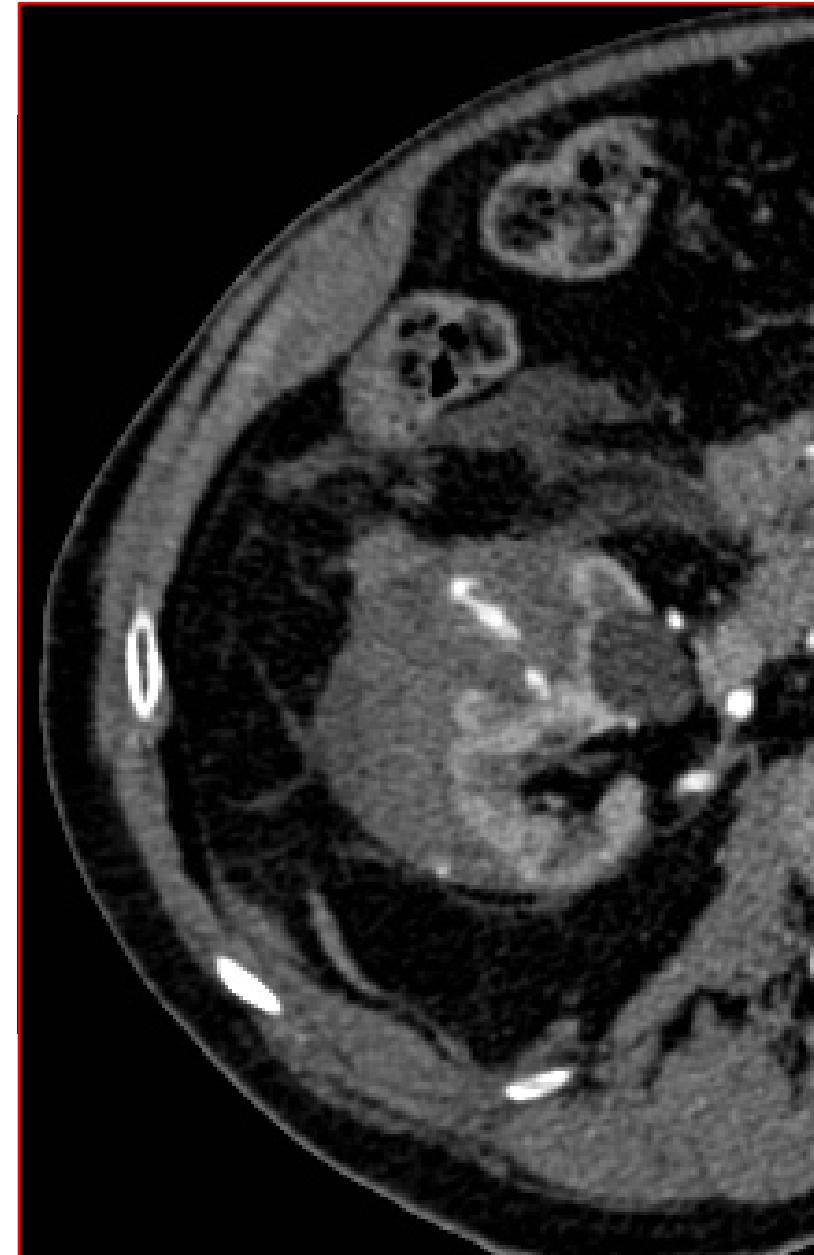
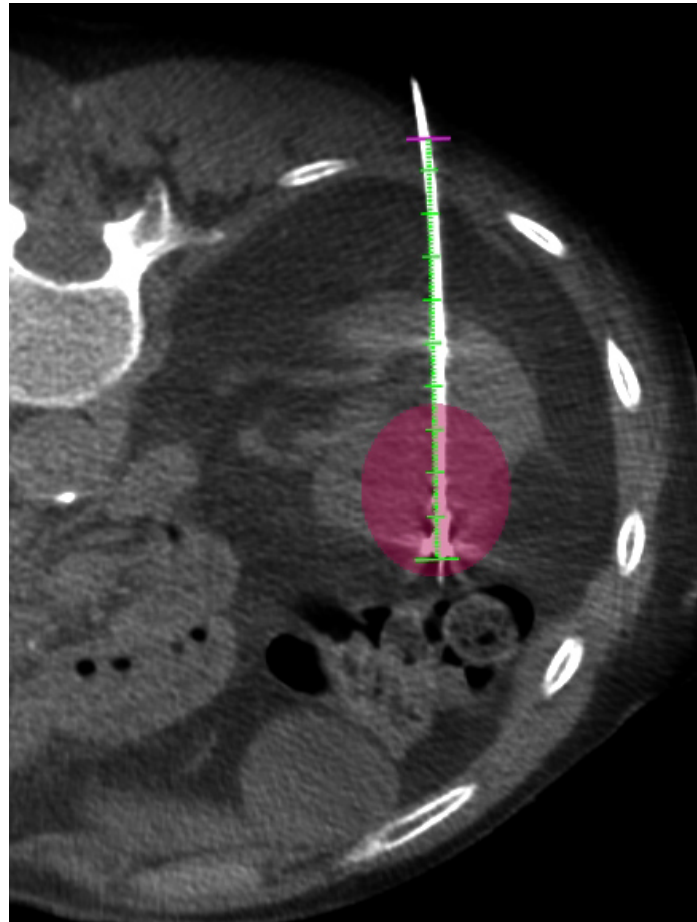
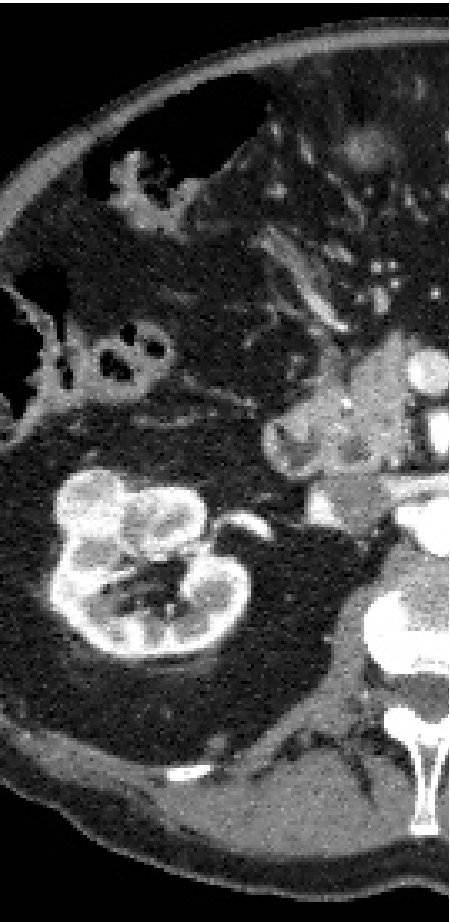
Statements

- IRT is procedure dependent (1.8–15%).
- Significant injury requiring intervention is rare.
- Most common injuries are vascular.
- Renal allografts are more susceptible.
- Injuries occurring during surgery are rectified immediately.
- Symptoms suggestive of significant injury require investigation.

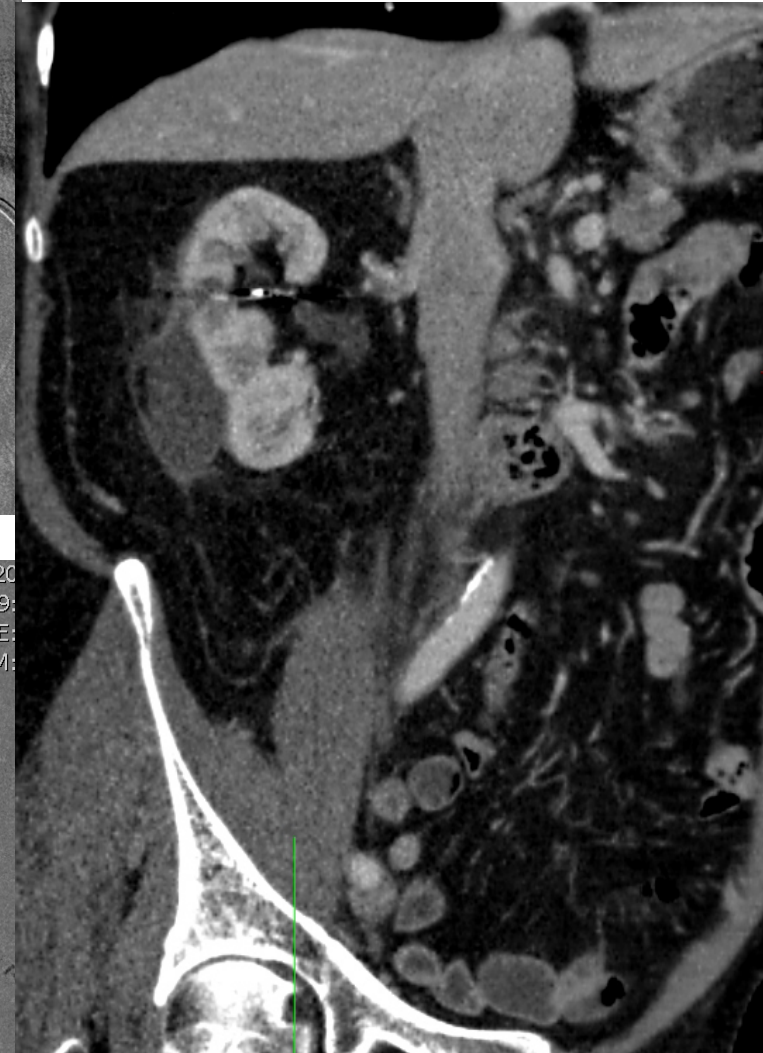
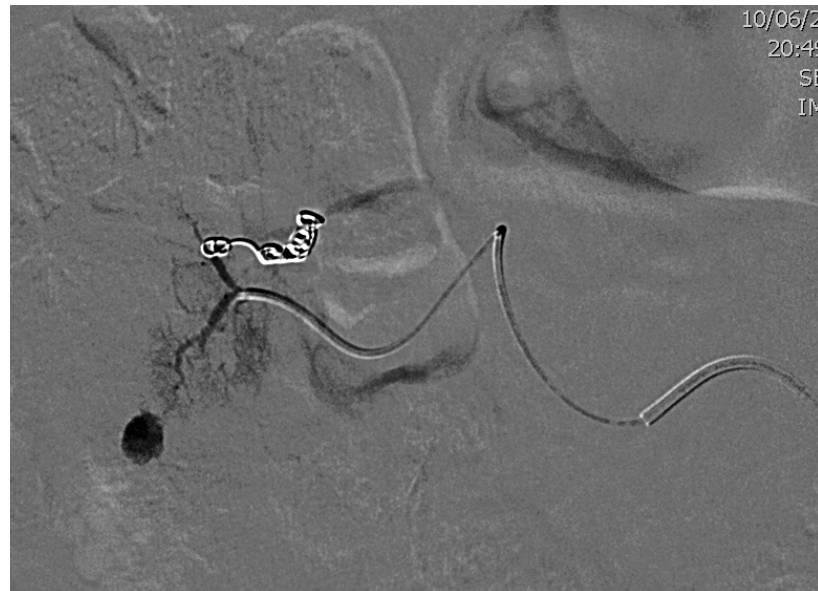
Recommendations

- Patients with minor injuries should be treated conservatively.
- Severe or persistent injuries require intervention with embolisation.
- In stable patients, repeat embolisation should be considered for failure.

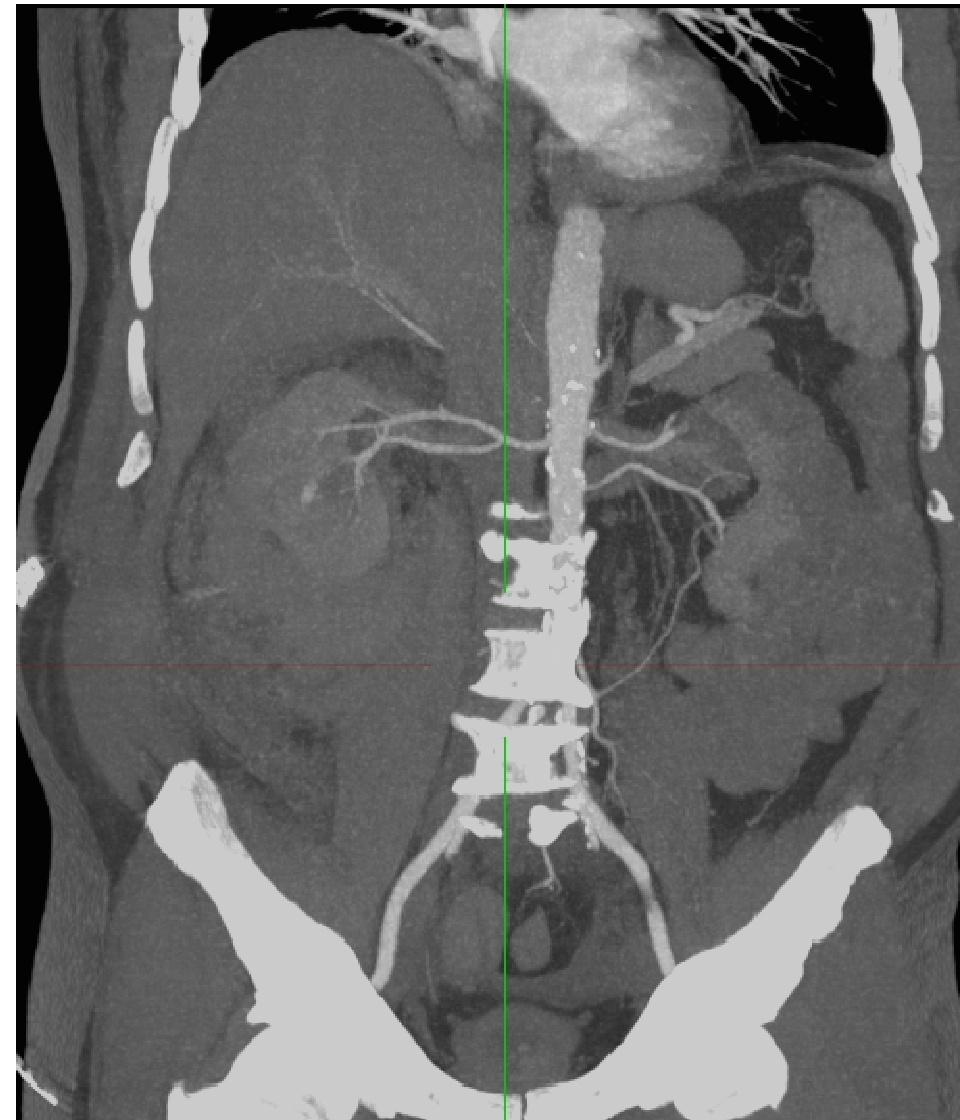
Traumatisms: iatrogenic Injuries (1)



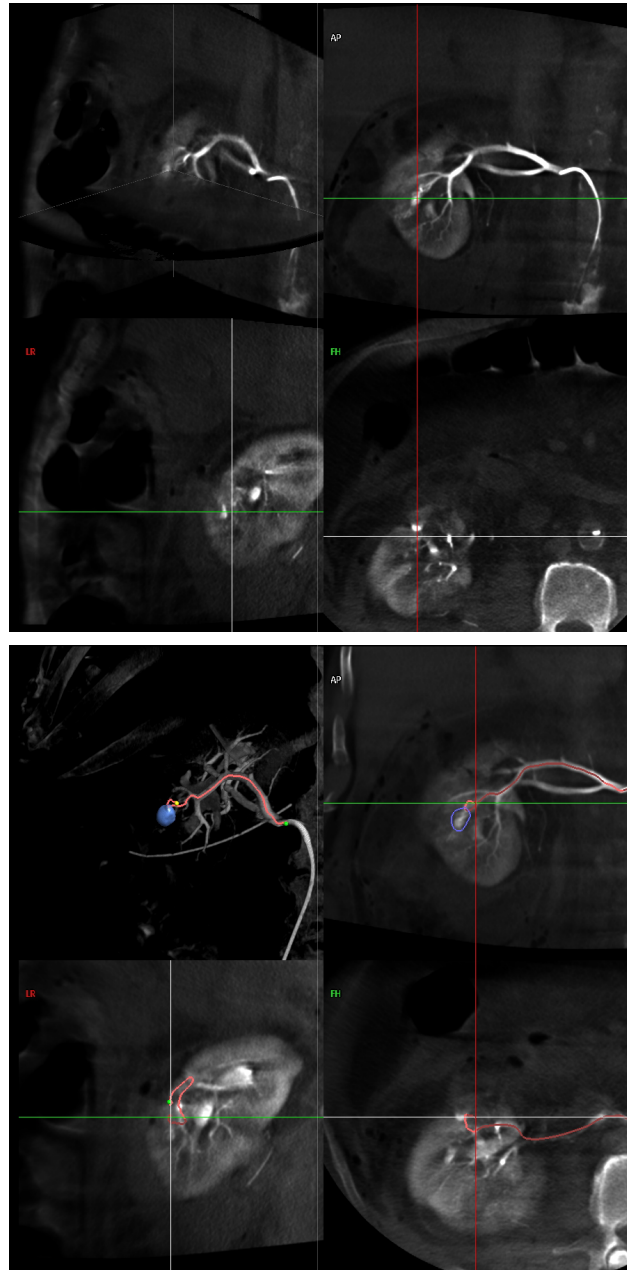
Traumatisms: Iatrogenic Injuries (1)



Traumatism: traumatic Injuries (2)



Traumatism: traumatic Injuries (2)



CONCLUSIONS

RAE can be used to treat various uro- logical and nephrological conditions, as an alternative or complementary approach to surgical procedures.

The indications are consensual:

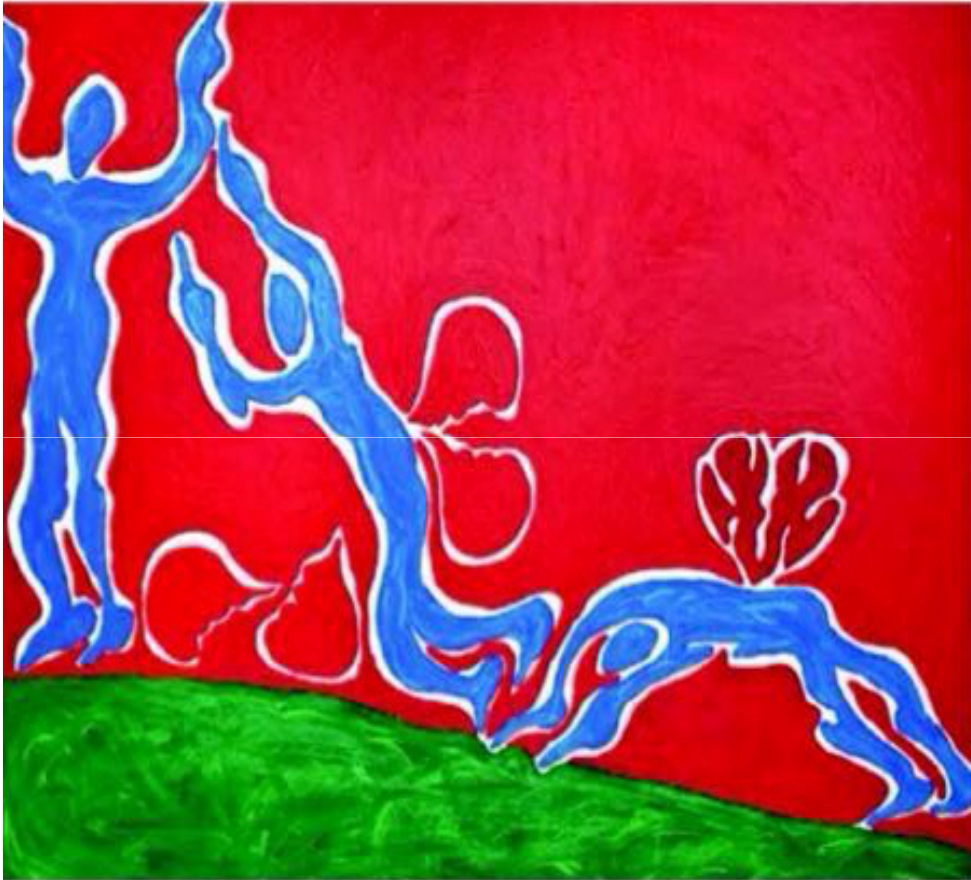
RAE is the first-line option in penetrating or iatrogenic trauma when conservative treatment has failed or in case of bleeding angiomyolipoma.

In grade III–IV blunt traumas with active bleeding, RAE is also a well-accepted method that can, in association with conservative management, reduce the need for difficult surgical exploration and avoid unnecessary nephrectomies.

Other indications are more controversial:

the use of RAE as an adjuvant therapy before surgical or percutaneous treatment of cancers remains debated and its respective role as compared to anti- angiogenic therapies must be clarified.

Regardless of the indication, RAE should always be considered and discussed among a multidisciplinary team of clinical staff.



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